

Natrol® Oat Bran tablets are a convenient way to get the dietary fiber necessary for a healthy diet. Oat bran is a good source of dietary fiber, including soluble fiber. An adequate intake of soluble fiber supports heart health, but may be missing from many diets. Eating foods high in both soluble and insoluble fiber may support heart health.†

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. People with allergies to wheat or gluten should consult their healthcare professional before taking this or any other product containing wheat or gluten.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 332 F: 3000022 L: 2004359-8316



NATROL® Oat Bran 850 mg

- Source of Dietary Fiber For A Healthy Diet
- Supports Heart Health†
- 100% Vegetarian

360 TABLETS
DIETARY SUPPLEMENT



Directions: Take 6 tablets, one time daily, with a meal. This product should be taken with an 8-oz. glass of water.

Supplement Facts

Serving Size: 6 Tablets

Servings Per Container: 60

Amount Per Serving	%DV	
Calories	20	
Total Carbohydrate	5 g	2%*
Dietary Fiber	3 g	12%*
Oat Bran	5.1 g	**

*Percent Daily Values are based on a 2,000 calories diet.

**Daily Value (DV) not established.

Other Ingredients: Maltodextrin, Stearic Acid, Silica, Magnesium Stearate, Natural Food Glaze.

Manufactured for NATROL, INC.
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NO Yeast, Milk, Egg, Soy, Artificial Colors or Flavors, Added Sugar or Preservatives

**NO
UV**

LOT/EXP: