



## Supplement

Serving Size 1 Tablet		
Amount Per Serving	% Daily Value	
Calcium (as dicalcium phosphate)	21 mg	2%
Phosphorus (as dicalcium phosphate)	16 mg	2%
Ginger powder (root)	100 mg	Ť
Prickly Ash powder (bark)	100 mg	†
Cascara sagrada powder (bark)	100 mg	†
Psyllium husk powder (hulls)	100 mg	†
Uva ursi powder (leaf)	100 mg	†
Yellow dock powder (root)	100 mg	†

† Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE STEARIC ACID. AQUEOUS FILM COATING (PURIFIED WATER. HYDROXYPROPYL METHYLCELLULOSE, POLYETHYLENE GLYCOL), CROSCARMELLOSE SODIUM, MAGNESIUM STEARATE, DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC 3401 W. 37TH AVE, HOBART, IN 46342

Suggested Use: Take 1 tablet twice daily,

as a dietary supplement, or as directed by a physician

**NOTICE:** This product contains Cascara Sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition. NOT FOR LONG-TERM USE.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.) Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN Any Questions? 1-800-644-8327 BotanicChoice.com

Actual Pill Size