



Other ingredients: cellulose, hypromellose, sodium croscarmellose, magnesium stearate, glycerin, stearic acid, silicon dioxide, acacia gum, anionic maltodextrin

Warnings: Not for use by pregnant or nursing women. If you have a blood clotting disorder, are taking medications for diabetes or any other medications, consult a healthcare professional before use.

GLUTEN FREE: No sugar, soy, yeast, wheat, dairy products, artificial colors, flavors or preservatives.

©2017 Enzymark LLC
Unit of Nature's Way Brands, LLC
Green Bay, WI 54311 USA

Questions? 1-800-783-2286 / enzyc.com

Enzymatic Therapy

New, Smaller
Eco-Friendly Package!

DOCTOR'S
choice[™]
multivitamin

50+ MEN

Easy To Swallow
OrganiGlide™

DAILY RX FOR:
HEALTHY AGING*
IMMUNE SUPPORT*
ENERGY CONVERSION
FROM 8 VITAMINS*

- DIETARY SUPPLEMENT**

DOI: 10.1002/anie.200500022, Wiley, 2005, 88 页

Warning: Not for use by pregnant or nursing women. If you have a blood clotting disorder, are taking medications for diabetes or any other medications, consult a healthcare professional before use.

DOCTOR'S
choice[™]
multivitamin

50+ MEN

Easy To Swallow
— OrganiGlide —

DAILY RX FOR:
HEALTHY AGING*
IMMUNE SUPPORT*

DIETARY SUPPLEMENT

© 2006 Blackwell Publishing Ltd, *Journal of Internal Medicine* 260: 105–112



Supplement Facts		
Serving Size 1 tablet / Servings per Container 30		
Amount per Serving	% DV	% DV
Total Carbohydrate	1 g	<1%
Vitamin A (75% as beta carotene and 25% as retinyl palmitate)	5,000 IU	100%
Vitamin E (as polytocopheryl acetate)	300 mg	500%
Vitamin D (as cholecalciferol)	800 IU	200%
Vitamin E (as d-alpha tocopheryl acetate and mixed tocopherols)	870 IU	223%
Vitamin K (as menaquinone-7)	120 mcg	150%
Thiamine (Vitamin B1)	60 mg	4,000%
Riboflavin (Vitamin B2)	60 mg	3,000%
Niacin (as nicotinamide and niacin)	120 mg	600%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Vitamin B12 (as cyanocobalamin)	2,500 mcg	50,000%
Vitamin B12 (as methylcobalamin)	800 mcg	13,333%
Pantoic Acid	600 mg	200%
Biotin (as D-biotin D-pantothenol)	100 mg	1,000%
Calcium (as calcium carbonate, tricalcium phosphate and calcium gluconate)	400 mg	40%
Choline (as potassium choline)	300 mg	200%
Magnesium (as magnesium aspartate and magnesium citrate)	200 mg	20%
Zinc (as zinc gluconate)	18 mg	120%
Selenium (as L-selenomethionine)	200 mcg	285%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese chloride)	2 mg	100%
Molybdenum (as sodium molybdate)	75 mcg	100%
Vanadium (as vanadium aspartate)	100 mg	85%
Choline Bitartrate	275 mg	**

Supplement Facts

Niacin (as niacinamide and niacin)	120-mg	600%
Vitamin B6 (as pyridoxine HCl)	25-mg	1,250%
Folic Acid	800-mcg	200%
Vitamin B12 (as cyanocobalamin)	800-mcg	13,333%
Biotin	600-mcg	200%
Pantoic Acid (as calcium D-pantothenate)	100-mg	1,000%
Calcium (as calcium carbonate, tricalcium phosphate and calcium citrate)	400-mg	40%
Iodine (as potassium iodide)	300-mcg	200%

Zinc (as zinc gluconate)	18 mg	120%
Selenium (as L-selenomethionine)	200 µg	266%

Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese citrate)	2 mg	100%
Molibdenum (as sodium molybdate)	75 µg	100%
Sodium	5 mg	<1%
Potassium (as potassium ascorbate)	1000 mg	3%
Choline Bitartrate	273 mg	**
Crystalline Chitosan (promotril® Chitosan)	200 mg	**
Protective Blend: sweet cherry, blueberry, rose leaf extract, grape seed extract, pomegranate hull extract, and licenced rose and licenced rose and licenced rose extract containing SO2 (ascorbyl 2K repl)	112 mg	**
Soy Polysorbate (Sensorno repl)	80 mg	**
Negative Blend: ginger (Zingiber officinale) rhizome extract and radish (Raphanistrum) root	74 mg	**
Vegetable Blend: broccoli flower, cabbage leaf, carrot root, cold-pressed olive oil, cold-pressed tomato seeds, cold-pressed mustard greens, kale leaf, sprout leaf	40 mg	**
Inositol	30 mg	**
Biotene HCl	25 mg	**