Recommendation: Take 2 tablets at bedtime. May increase to 3 tablets at bedtime if needed. Reduce dosage if you experience abdominal discomfort or diarrhea. If discomfort persists, discontinue use.

Warning: Consult a healthcare professional if a sudden change in bowel habits occurs and persists for two weeks, if taking prescription drugs, or have gallstones or bile duct obstruction. Rectal bleeding or failure to have a bowel movement after use of a laxative may indicate a serious condition; discontinue use and consult a healthcare professional. Do not use if pregnant or nursing. Unless directed by a healthcare professional, do not use laxative products when abdominal pain, nausea or vomiting is present, or if you have kidney disease. Do not take more than 3 tablets in a 24-hour period or use the maximum dosage for more than two weeks. Laxative products are not intended for long-term use unless recommended by a healthcare professional. Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing. Contains no sugar, salt, yeast, wheat, dairy products, artificial

colors, flavors or preservatives.

## VEGETARIAN

LE08416.01 BLK841



& DRUG ADMINISTRATION. OR PREVENT ANY DISEASE. BY THE , THEM, HAS NOT BEEN EVALUATED NOT INTENDED TO DIAGNOSE,



## Laxative-3 Blend

Synergistic Blend for **Occasional Constipation\*** 

**Digestive Regularity\*** 

**60 TABLETS • DIETARY SUPPLEMENT** 

## **Supplement Facts**

Serving Size 2 Tablets / Servings per Container 30

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Dietary Fiber	<1 g	3%†
Sodium	5 mg	<1%†
Magnesium Hydroxide	1.7 g	**
Proprietary Mucilage Blend Marshmallow Root Extract, Slippery Elm Bark, Fenugreek Seed Extract	433 mg	**
Proprietary Soothing Blend Fennel Seed, Ginger Rhizome Extract, Peppermint Leaf	100 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: cellulose, modified cellulose gum, stearic acid, modified cellulose, magnesium stearate, silicon dioxide, soy lecithin, yegetable glycerin, carnauba wax

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