

USAGE: Take 1 capsule 1 or 2 times per day with food or as directed by your qualified health care consultant.

Jarrow FORMULAS® Blackcurrant + Lutein is a powerful formula for reducing eye fatigue and promoting eye function.*

New Zealand Blackcurrants are among the most antioxidant-rich berries, due to the high content of polyphenol pigments (anthocyanosides) that lend the berries their rich purple color. Blackcurrants are particularly noted for their protective effects on eye health, eye discomfort, and visual fatigue.* Lutein and zeaxanthin, antioxidant carotenoids found in dark green, leafy vegetables, are important components of the macular pigment in the eye.* The macula is responsible for focus and color differentiation, and the macular pigment protects the eyes from ultraviolet radiation and oxidative stress.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #, Best Used Before:



Jarrow
FORMULAS®

Blackcurrant

Plus

Lutein

From
New Zealand

**Supports Eye Function &
Promotes Eye Comfort***

60 Vegetarian Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

	Amount Per Serving	% DV
Blackcurrant Extract (20% polyphenols)	200 mg	*
Lutein (as esters) (<i>Tagetes erecta</i>) (Marigold petal extract)	10 mg	*
Zeaxanthin (as esters) (<i>Tagetes erecta</i>) (Marigold petal extract)	400 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of hydroxypropyl-methylcellulose. **Suitable for vegetarians/vegans.**

No wheat, no gluten,
no soybeans, no dairy,
no egg, no fish/shellfish,
no peanuts/tree nuts.

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