

Younger at any age

**change of face**<sup>®</sup>

***Ultimate  
Hair, Skin & Nails***

dietary supplement  
100 tablets

**Directions:** Take 1 tablet daily  
**Distributed by:** Change of Face  
P.O. Box 592, Hobart, IN 46342  
**Lot:**

### Supplement Facts

Amount Per Serving (1 tablet)

Vitamin E (as D-Alpha Tocopheryl Succinate)	30 IU
Niacin (Vitamin B-3) (as Niacin)	35 mg
Folate (as Folic Acid)	400 mcg
Vitamin B-12 (as Cyanocobalamin)	25 mcg
Biotin	150 mcg
Pantothenic Acid (as D-Calcium Pantothenate)	75 mg
Iron (as Ferrous Fumarate)	18 mg
Iodine (from Kelp)	150 mcg
Zinc (as Zinc Oxide)	25 mg
Selenium (as L-Selenomethionine)	50 mcg
Manganese (as Manganese Sulfate)	10 mg
Chromium (as Chromax <sup>®</sup> Chromium Picolinate)	50 mcg
Molybdenum (as Sodium Molybdate)	50 mcg
Choline (as Choline Bitartrate)	11.5 mg
Inositol	50 mg
PABA (Para-aminobenzoic Acid)	10 mg

Other ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Magnesium Stearate, Croscarmellose Sodium, Silicon Dioxide, and Pharmaceutical Glaze