



Same Formula

Supplement Facts

Serving Size 1 Tablespoon (Tbsp)(1/2 fl. oz./15 mL) Servings Per Container 32

Amount Per Serving		% DV
Calories	10	
Total Carbohydrate	2 g	1%†
Sugars	0 g	**
Sugar Alcohol	2 g	**
Iron (as iron glycinate chelate)	18 mg	100%

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, glycerin, sorbitol, erythritol, natural flavors, malic acid, xanthan gum, potassium benzoate (preservative to maintain freshness), stevia leaf extract, disodium EDTA

Contains soy.

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Certified



DIRECTIONS: SHAKE WELL. Take 1
Tablespoon (½ fluid ounce) daily
either directly or mix into water or
juice. Do not exceed recommended
daily serving. To optimize Iron
absorption, take this product at least
2 hours before or after taking calcium
or dairy products.

Tightly secure child resistant cap after each use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Kep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION: Iron supplements may interact with certain medications. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Can be stored at room temperature or refrigerated.

> FAST ABSORBING LIQUID

helps you restore energy reserves and reduce signs of fatigue.*

- HIGHLY BIOAVAILABLE with a glycinate chelate form of iron that is gentle to your system.*
- **Proof. GREAT TASTING** liquid provides 100% of your daily value.
- **> EACH TABLESPOON** is easier than swallowing tablets.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ST1923 BLQ8811A LNST1923.A01

Liquid Iron

OPTIMIZE LEVELS

Iron 18 mg

Gentle to Your System
High Bioavailability





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Nature's Way Family of Brands

16 Fluid Ounces (480 mL) • Dietary Supplement