

PL511

NO PRESERVATIVES ADDED
NO LACTOSE
NO ARTIFICIAL COLOR OR FLAVOR
NO GLUTEN



ACTUAL SIZE

0 12333 02511 7

Longs
WELLNESS

natural Vitamin

D 400 I.U.

Dietary Supplement

60 TABLETS

Product Benefit



USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% DV
Vitamin D 400 I.U.	100%

INGREDIENTS: Dicalcium Phosphate, Cellulose, Corn Starch, Croscarmellose Sodium, Silicon Dioxide, Magnesium Stearate, Stearic Acid, Dextrin, Dextrose, Lecithin, Sodium Carboxymethylcellulose, Sodium Citrate, Cholecalciferol (Soy).



Distributed by Longs Drugs
Walnut Creek, CA 94596

For further information contact
1-800-TO-LONGS or Longs.com

Suggested use: Take one tablet daily with a full glass of water, preferably after a meal.

Keep out of the reach of children. Keep in a cool dry place, tightly closed.

No artificial colors have been added to this formula, the product may vary in color.

Vitamin D supports strengthening bones and teeth by helping the body process and absorb calcium.

LNG31450R06

FRESHNESS AND POTENCY GUARANTEED THROUGH: