

#### Use Dosage Cup to Track Daily Use.

Place dosage cup over bottle cap and align letter of week with DIAL A DAY line above.

# **Supplement Facts**

Serving Size 2 Tablespoons (Tbsp) (1 fl. oz/30 mL) Servings Per Container 16

Amount Per Serving		% DV
Calories	25	
Total Carbohydrate	9 g	3%1
Dietary Fiber	5 g	20%
Sugars	0 g	9.1
Sugar Alcohol	4 9	. Ad
Vitamin A (as Beta Carotene and Retinyl Palmitate)	5000 IU	100%
Vitamin C (Ascorbic Acid)	60 mg	100%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Vitamin E (as di-alpha Tocopherol Acetate)	30 IU	100%
Thiamin (as Vitamin B1)	1.5 mg	100%
Riboflavin (Vitamin B2)	1.7 mg	100%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folate (Folic Acid)	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (as D-Panthenol)	10 mg	100%
Soluble Vegetable Fiber	4.3 g	**
Whole Fruit & Vegetable Powders Blend:	200 mg	30

Blueberry, Tomato, Grape, Cranberry, Açal, Apricot, Blackberry, Mango, Pumpkin Seed, Apple, Beet Julies, Biberry, Black Currant, Broccoll, Carrot, Sour Cherry, Lydum (Gol), Rale, Lemon Bioflavonoid Complex, Orange Peel, Pomegranate, Raspberry, Spinach, Wheat Grass

†Percent Dally Values (DV) are based on a 2,000 calorie diet.

\*\*Dally Value not established.

Other ingredients: purified water, glycerin, erythritol, natural flavors, citric acid (preservative to maintain freshness), potassium sorbate (preservative to maintain freshness), arathan gum, stevia leaf extract, calcium disodium EDTA, mixed tocopherols (preservative to maintain freshness) Contains soy.

Directions: SHAKE WELL. Take 2
Tablespoons (1 fluid ounce) daily either directly or mix into water or juice. Formulated for adults and children 12 years of age and older. Do not exceed recommended daily serving. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

**DOSAGE CUP PROVIDED** on top of bottle. Wash after each use.

TAMPER EVIDENT: Safety sealed with printed outer shrink-sleeve over bottle cap and printed inner seal. Do not use if either seal is broken or missing.

Keep out of reach of children. Can be stored at room temperature or refrigerated. Best used within 3 months after opening.

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# > FAST ABSORBING LIQUID

helps you optimize daily health.

### > EXCLUSIVE FORMULA

provides 100% DV of essential Vitamins, a complete B Complex, fruit and vegetable phytonutrients and is an excellent source of Fiber.

### > RICH IN ANTIOXIDANTS

Vitamins A, C, E help protect your body's vital functions.\*

### > JUST 1 OZ A DAY

is easier than swallowing tablets.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



1916 BLQ8809A







Multi Vitamin+

Essential Vitamins 100% DV

**HEALTH & WELLNESS**\*

Rich in Antioxidants A, C, E

**Excellent Source of Fiber** 







Nature's Way Family of Brands 16 Fluid Ounces (480 mL) • Dietary Supplement