



Use Dosage Cup to Track Daily Use.

Place dosage cup over bottle cap and align letter of week with DIAL A DAY line above.

Supplement Facts

Serving Size 2 Teaspoons (tsp)(10 mL) for Adults Servings Per Container 48

Serving Size 1 Teaspoon (tsp)(5 mL) for Children 4-12 yrs Servings Per Container 96

Amount Per Serving	% DV Adults		4-	% DV 4-12 yrs	
Calories	10		5		
Sodium	0 mg	0%	0 mg	0%	
Total Carbohydrate	2 g	<1%†	1 g	<1%1	
Dietary Fiber	0 g	0%†	0 g	0%1	
Sugars	2 g	**	1 g	**	
Vitamin D3 1	000 IU	250%	500 IU	125%	
(cholecalciferol)					

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, organic cane sugar, natural flavors, citric acid, potassium sorbate (preservative to maintain freshness), sodium carboxymethyl cellulose, sodium benzoate (preservative to maintain freshness), black carrot extract color

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DIRECTIONS: SHAKE WELL. Take 2 teaspoons daily (1000 IU) for adults and children over the age of 12 or 1 teaspoon (500 IU) daily for children ages 4 to 12, either directly or mix into water or juice. Do not exceed recommended daily serving. Warning: Consult a healthcare professional prior to use if you have a kidney disorder,

hypercalcemia, hypercalciuria, or are pregnant or nursing. If you are taking any medications, consult a healthcare professional before use.

DOSAGE CUP PROVIDED on top of bottle. Wash after each use.

TAMPER EVIDENT: Safety sealed with printed outer shrink-sleeve over bottle cap and printed inner seal. Do not use if either seal is broken or missing.

Keep out of reach of children.
Can be stored at room temperature
or refrigerated. Best used within
3 months after opening.



FAST ABSORBING LIQUID helps you optimize immune health.*

VITAMIN D3 is the preferable form of Vitamin D and helps support bone, teeth, breast, colon and heart health.*

> **GREAT TASTING** for the whole family.

> **EACH TEASPOON** is easier than swallowing tablets.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



11894 BLQ8807, LNST1894,A01







Same Formula

Vitamin D3

IMMUNE HEALTH*

with Bone, Teeth & Muscle Support

Vitamin D3 1,000 IU



Berry Flavored





Nature's Way Family of Brands
16 Fluid Ounces (480 mL) • Dietary Supplement