

**Women's
Daily
Wellness™
with Iron**

**Total Health
Support***

Dietary Supplement

60 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin A (as Vitamin A Acetate and 10% as Beta-Carotene)	2,500 IU	50%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D3 (as Cholecalciferol))	1,000 IU	250%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	22.5 IU	75%
Vitamin K (as Phytonadione)	25 mcg	31%
Thiamine (Vitamin B-1) (as Thiamine Mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (Vitamin B-3) (as Niacinamide)	10 mg	50%
Vitamin B-6 (as Pyridoxine HCl)	2 mg	100%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Biotin	30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	50%
Calcium (as Calcium Carbonate)	500 mg	50%
Iron (as Ferrous Fumarate)	18 mg	100%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	20 mcg	29%
Copper (as Cupric Sulfate)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	120 mcg	100%

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OTHER INGREDIENTS: STEARIC ACID, MICROCRYSTALLINE CELLULOSE, AQUEOUS FILM COATING (PURIFIED WATER, HYDROXYPROPYL METHYLCELLULOSE, VEGETABLE GLYCERIN, TITANIUM DIOXIDE, FD&C BLUE #2, YELLOW #5 AND YELLOW #6), DICALCIUM PHOSPHATE, ACACIA GUM, MALTODEXTRIN, MAGNESIUM STEARATE VEGE GRADE, CROSCARMELLOSE SODIUM, SILICON DIOXIDE, MODIFIED CORNSTARCH, SUCROSE, CALCIUM SILICATE, HYDROXYPROPYL METHYLCELLULOSE, CORNSTARCH, SODIUM ASCORBATE, MEDIUM CHAIN TRIGLYCERIDES, DL-ALPHA TOCOPHEROL, BHT, ASCORBYL PALMITATE, GELATIN, METHYLCELLULOSE. CONTAINS: FISH (COD, POLLOCK, HADDOCK, HAKE, CUSK, REDFISH, SOLE, AND FLOUNDER). DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC. HOBART, IN 46342

Suggested Use: For adult women, take one tablet daily, with a meal, as a dietary supplement, or as directed by a physician.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a poison control center immediately. Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

For your protection, this container has an outer safety seal. Do not accept if missing or broken.) Store in a dry, cool place. KEEP OUT OF REACH OF CHILDREN Any Questions? 1-800-644-8327 Website: www.botanicchoice.com

