

Use Dosage Cup to Track Daily Use.

Place dosage cup over bottle cap and align letter of week with DIAL A DAY line above.

Supplement Facts

Serving Size 1 Tablespoon (Tbsp) (½ fl. oz./15 mL) Servings Per Container 32

Amount Per Serving		% DV
Calories	10	
Total Carbohydrate	1 g	<1%†
Sugars	0 g	**
Sugar Alcohols	<1 g	**
Vitamin D3 (cholecalciferol)	500 IU	125%
Calcium (as calcium citrate and calcium magnesium cit	500 mg rate)	50%
Magnesium (as calcium magnesium citrate)	20 mg	5%
Boron (as boron aspartate)	125 mcg	**
†Percent Daily Values (DV) are	based on a	2,000

Other ingredients: purified water, glycerin, citric acid, natural flavors, fruit and vegetable juice (color), dextrin, potassium sorbate (preservative), sucralose, mixed tocopherols, calcium disodium EDTA, carotenes (color)

calorie diet. **Daily Value not established.

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.C GF



DIRECTIONS: SHAKE WELL. Take 1
Tablespoon (½ fluid ounce) twice
daily with or without food, either
directly or mix into water or juice.
Formulated for adults and children
12 years of age and older. Do not
exceed recommended daily serving.
If pregnant, nursing or taking any
medications, consult a healthcare
professional before use.

DOSAGE CUP PROVIDED on top of bottle. Wash after each use.

TAMPER EVIDENT: Safety sealed with printed outer shrink-sleeve over bottle cap and printed inner seal. Do not use if either seal is broken or missing.

Keep out of reach of children.
Can be stored at room temperature
or refrigerated. Best used within
3 months after opening.

> FAST ABSORBING LIQUID

helps you maintain strong bones.*

- NOW 100% CITRATE easily absorbs with or without food. Optimize absorption of Calcium with Vitamin D3, Magnesium and Boron.
- ADEQUATE CALCIUM & VITAMIN D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.
- > SMALL 1/2 OZ SERVINGS

are easier than swallowing tablets.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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FAST ABSORBING LIQUID



NEW LOOK!

Improved Formula

Calcium & Vitamin D3

BONE STRENGTH*

Calcium 1,000 mg - 100% Citrate

Vitamin D3 1,000 IU

with Magnesium

[‡] Per Daily Serving



32 SERVINGS ODAY SUPPLY



Nature's Way Family of Brands 16 Fluid Ounces (480 mL) • Dietary Supplement