



NatureWorks®

The Traditional
European Herbal Extract

Swedish Bitters

Used Traditionally
for Digestion*

Dietary Supplement
8.45 fl. oz. (250 ml)

38% Alcohol LN10030250.01F

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Recommendation: Take 1-2 teaspoons daily. Do not exceed recommended dose. Not for long term use.

Shake well before using.

Keep out of reach of children.

NOTICE: This product contains Senna and Chinese Rhubarb. **Do not use if you have or develop diarrhea, loose stools or abdominal pain because Senna and Chinese Rhubarb may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea.

Caution: Not for use in children under 18 years of age. Do not use if pregnant, nursing, or when nausea or vomiting are present unless recommended by a healthcare professional. Discontinue use and consult a healthcare professional if you notice a sudden change in bowel habits that persist over 2 weeks, have a liver disorder or develop symptoms of liver trouble such as abdominal pain, dark urine or jaundice. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional.

SUPPLEMENT FACTS

Serving Size 2 Teaspoons (10 ml)
Servings Per Container 25

Amount Per Serving	% DV
Calories	25
Total Carbohydrate	< 1g < 1%†
Proprietary Extract Blend	9.6 g **
Manna (stem) <i>Fraxinus ornus</i> (L)	
Angelica (root)	
Cape Aloe (leaf)	
Senna (leaf)	
Chinese Rhubarb (root)	
Zedoary (root)	
Myrrh (stem)	
Carline Thistle (root)	
Camphor	
Black Cohosh (root)	
Valerian (root)	
Cinnamon (bark)	
Cardamom (fruit)	
Saffron (pistil)	

† Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: water, alcohol

Manufactured in Germany
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Green Bay, WI 54311 USA

Questions?

1-800-9NATURE / naturatesway.com
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