



NatureWorks®

The Traditional
European Herbal Extract

Swedish Bitters

Used Traditionally
for Digestion*

Dietary Supplement

3.38 fl. oz. (100 ml)

38% Alcohol LN10020100.01F

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Recommendation: Take 1-2 teaspoons daily. Do not exceed recommended dose. Not for long term use. **Shake well before using.**
Keep out of reach of children.

NOTICE: This product contains Senna and Chinese Rhubarb. **Do not use if you have or develop diarrhea, loose stools or abdominal pain because Senna and Chinese Rhubarb may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea.

Caution: Not for use in children under 18 years of age. Do not use if pregnant, nursing, or when nausea or vomiting are present unless recommended by a healthcare professional.

Discontinue use and consult a healthcare professional if you notice a sudden change in bowel habits that persist over 2 weeks, have a liver disorder or develop symptoms of liver trouble such as abdominal pain, dark urine or jaundice. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional.

SUPPLEMENT FACTS

Serving Size 2 Teaspoons (10 ml)

Servings Per Container 10

Amount Per Serving		%DV
Calories	25	
Total Carbohydrate	< 1 g	< 1%†
Proprietary Extract Blend	9.6 g	**
Manna (stem) <i>Fraxinus ornus</i> (L)		
Angelica (root)		
Cape Aloe (leaf)		
Senna (leaf)		
Chinese Rhubarb (root)		
Zedoary (root)		
Myrrh (stem)		
Carline Thistle (root)		
Camphor		
Black Cohosh (root)		
Valerian (root)		
Cinnamon (bark)		
Cardamom (fruit)		
Saffron (pistil)		

† Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: water, alcohol

Manufactured in Germany

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Questions?

1-800-9NATURE / naturesway.com

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