Vitargo® S2 is the original super carb, proven in university studies in humans to be up to 2.3x faster than maltodextrin (homopolysaccharide). Vitargo's patented IVg technology delivers faster gut transit, glycemic and insulin responses, muscle glycogen refueling, and performance. No other carb has this span of proof. Vitargo S2 is 100% sugar-free, lab tested gluten-free,

- muscle energy.
- Gets into muscle faster 1.7x faster glycogen re/fueling than maltodextrin + sugars after exhaustive workouts.
- Boosts performance in your next workout Up to 23% greater maximal endurance (average of 10% greater) 2 hours after exhaustive, glycogen-depleting exercise, compared to maltodextrin + sugars.
- Turns off muscle protein breakdown 1.8x faster/higher insulin response than maltodextrin + sugars, within 10 minutes³ - the most potent, natural way to activate the anti-catabolic signals that spare muscle protein.

VITARGO-Specific Research — this actual product is university proven in HUMANS

(C)(C)1.7X

MALTODEXTRIN

FASTER

GLYCOGEN REFUELING SPEED / 2 HRS

17XFASTER

150

75 -

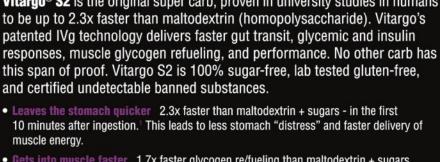
RECOVERY PERFORMANCE (KJ)

UP TO **2390** GREATER

Proof Before Promises®

- emptying rate in humans of a unique glucose polymer with gel-forming properties. Scand J Gastroenterol 2000: 35:1143-9
- resynthesis rate in humans after molecular masses. Eur J Appl Physiol 2000; 81:346-51.
- Stephens FB, et al. Post-exercise molecular weight glucose polymer during a subsequent bout of cycling exercise. J Sports Sci 2008: 26:149-54.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.







BLOAT-FREE

Natural Grape Flavor

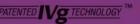
SUGAR-FREE DRINK MIX Not a low calorie product Dietary Supplement Net Wt. 4.24 lbs (1.924g)

2.3X FASTER GASTRIC EMPTYING

2X FASTER GLYCEMIC RISE

1.7X FASTER GLYCOGEN





UNIVERSITY PROVEN





INSTRUCTIONS Vitargo®S2™ is a different engineered carbohydrate please follow directions closely:



HOW In a shaker bottle

- Add 10-12 oz. of water (room temp. is best) to a large shaker bottle.
- Add 2 level scoops of Vitargo® S2 and shake vigorously for 10-15 seconds.
- Add an additional 10-12 oz. of cold water and shake vigorously for 15-20 seconds.

• For best results add 2 level scoops into a blender with water while it's blending at low-medium.

WHEN PRE- (before) or INTRA- (during) training or competition

• Mix 1 or 2 level scoops of Vitargo S2 as stated above. Feel free to add your favorite pre-workout, amino acid, electrolytes, or other non-carb supplement. Note that Vitargo is a fractionated STARCH and is thicker/more viscous than other powdered drinks.

POST- (after) training or competition, or for glycogen loading

• Drink 2 level scoops as soon as possible after finishing. Ideally, mix with 20-25 grams of a protein source. After longer training/competition (> 1-1.5 hrs) take another 1-2 scoops 30-90 minutes later.

IF YOU DON'T TRAIN YOU'RE NOT READY FOR VITARGO®

Supplement Facts INGREDIENTS: Fractionated barley amylopect

Calories from Fat Total Fat 0% Sodium 0 mg Total Carbohydrate 70 a 23% 0 q

Samples from each batch of Vitargo® S2™ multi-serving tubs are analyzed for substances banned by sport. For more detail see www.bscg.org

(Vitargo®) [Source: EU: not bioengineered

GLUTEN-FREE (via ELISA testing each batch

Manufactured in the USA at a cGMP facility.

uice: not bioengineered), sucralose

VitargoS2.com • 877.436.785

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