(PLEASE READ THE ENTIRE LABEL BEFORE USE)

Recommended Use: As a dietary supplement, Consume 1 scoop daily, or as needed. Mix with at least 8 ounces of cold water, juice, or your favorite beverage.

Warning: This product is only intended to be consumed by healthy individuals 18 years of age or older. This product should be taken with at least 8 ounces of liquid. Consuming this product without enough liquid may cause choking. Avoid use if you have ever had esophageal narrowing or swallowing difficulties. Consult your physician prior to use if you are pregnant or nursing. Consult your physician prior to use if you are taking any medications or have any medical condition. Do not exceed recommended use. Improper use will not improve results. Discontinue use and seek professional assistance immediately if you experience unwanted side effects. Discontinue use 2 weeks prior to surgery. Do not use if safety seal is broken or missing. Keep out of reach of Children. Store in a cool, dry place. Contents are sold by weight not volume. Some settling may occur.

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1404 W State Street #208, Pleasant Grove, UT 84062
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www.nutricost.com

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

nutricost

Spinach

4G per serving | **125** servings | **500G** per container

UNFLAVORED

Net Wt. 500g (1.10 lbs) | Dietary Supplement

Nutrition Facts

Serving Size: 1 Scoop (4g)
Servings Per Container: 125

Amount Per Serving	
Calories 10	Calories from Fat 0
	% Daily Value †
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	1%
Potassium 250mg	7%
Total Carbohydrate 2g	<1%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 1g	

Vitamin A	60%	•	Vitamin C 0%
Calcium	4%	•	Iron 2%

† Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Ingredients: Spinach Leaf Powder