

(PLEASE READ THE ENTIRE LABEL BEFORE USE)

Recommended Use: Take 3 capsules 1 hour before bedtime with 12-16 ounces of water.

Warning: This product is only intended to be consumed by healthy individuals 18 years of age or older. Consult your physician prior to using this product. Do not drive or operate heavy machinery after taking this product. Do not take with alcohol. Do not take if pregnant or nursing. Do not exceed recommended use. Improper use will not improve results and is not advised. Keep out of reach of children. Store in a cool dry place. Do not use if safety seal is broken.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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SLEEP AID COMPLEX

1330MG | **90** | **30**
per serving | capsules | servings

90 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 30

Amount Per Serving		% DV
Vitamin B6 (as Pyridoxine HCl)	10.5mg	525%
Magnesium (as Magnesium Aspartate)	450mg	113%
Zinc (as Zinc AAC)	30mg	200%
Valerian Root (4:1 Extract)	500mg	*
GABA	100mg	*
Hops	50mg	*
Lavender	50mg	*
Corydalis	50mg	*
Passion Flower (4:1 Extract)	50mg	*
Melatonin	3mg	*

* Daily Value not established

Other Ingredients: Gelatin, Olive Oil

