

Borage oil is one of the few plant sources of Gamma-Linolenic Acid (GLA), which helps regulate a variety of important functions in the body, such as promoting cellular and metabolic health. It provides nutritional support for women as a precursor to prostaglandin production. GLA synthesis in the body is limited and there are no significant food sources, making supplementation important for women's health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for:  
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# SUPER GLA 300 MG BORAGE OIL

C O L D P R E S S E D  
W O M E N ' S H E A L T H \*

Non-GMO  
GLUTEN, WHEAT & DAIRY FREE

60 SOFTGELS

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving		%DV
Calories	15	
Total Fat	1.5 g	2%**
Borage Seed Oil	1300 mg (1.3 g)	***
providing:		
Linoleic Acid	403 mg	***
Gamma-Linolenic Acid 300 mg (GLA)		***
Oleic Acid	176 mg	***
Palmitic Acid	110 mg	***
Other Fatty Acids		

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet

\*\*\*Daily Value (DV) not established

Other Ingredients: Gelatin, Vegetable Glycerin.

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) softgel up to two times daily, preferably with meals or as directed by a healthcare practitioner.

**FREE OF:** Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

**PRODUCT OF CANADA**

