

Suggested Use: Take 1 liquid capsule, with a meal, as a dietary supplement, or as directed by a qualified health care professional.

Warning: If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician.

Other ingredients: Gelatin capsule, Vitamin E (as preservative).

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Distributed by: Indiana Botanic Gardens, Inc.

3401 W. 37th Ave. Hobart, IN 46342



**Sea
Buckthorn**

*Total Health
Support**

30
Liquid
Capsules

Dietary Supplement

Supplement Facts

Serving Size 1 Liquid Capsule

Amount Per Serving % Daily Value **

Calories	5	<2
Calories from Fat	5	†
Total Fat:	0.5 g	<2%
Saturated Fat	0.1 g	<2%
Monounsaturated Fat	0.3 g	†
Polyunsaturated Fat	0.1 g	†
Vitamin E (as d-alpha tocopheryl acetate)	9 IU	30%
Vitamin K (naturally found in Sea buckthorn)	895 mcg	1119%
Sea buckthorn oil (fruit) (<i>Hippophae rhamnoides</i>) [Providing minimum 26% Omega-6 Linoleic acid (130 mg), 24% Omega-9 Oleic acid (120 mg), 23% Omega-7 Palmitoleic acid (115 mg), 19% Palmitic acid (95 mg), 3% Omega-3 Alpha-Linolenic acid (15 mg), 2% Stearic acid (10 mg)]	500 mg	†

† Daily value not established.

** Daily Values are based on a 2,000 calorie per day diet.