

(PLEASE READ THE ENTIRE LABEL BEFORE USE)

Recommended Use: As a dietary supplement, consume 1 to 2 servings daily preferably with a meal. Mix each scoop with 6-10 ounces of cold water or juice.

Warning: This product is only intended to be consumed by healthy individuals 18 years of age or older. Consult your physician prior to use if you are pregnant or nursing. Consult your physician prior to use if you are taking any medications or have any medical condition. Do not exceed recommended use. Improper use will not improve results. Discontinue use and seek professional assistance immediately if you experience unwanted side effects. Discontinue use 2 weeks prior to surgery. Do not use if safety seal is broken or missing. Keep out of reach of Children. Store in a cool, dry place. Contents are sold by weight not volume. Some settling may occur.



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1010-04190

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

nutricost[™]

MAGNESIUM CITRATE

210MG

Magnesium per serving

178

servings

250g

per container

■ UNFLAVORED

Net Wt. 250g (0.55 lbs) | Dietary Supplement

Supplement Facts

Serving Size: 1 Scoop (1.4g)
Servings Per Container: 178

Amount Per Serving		% DV
Magnesium (from Magnesium Citrate)	210mg	50%

* Daily Value not established

Other Ingredients: None

