

DR. MERCOLA®
PREMIUM NUTRITION

PURE POWER PROTEIN

Whey Protein Concentrate with Chia Seeds

Vanilla

Natural Vanilla Flavor
with Other Natural Flavors



20 g
PROTEIN
per scoop

15
BILLION
CFU PROBIOTICS

NET WT. 31 OZ. (1 LB. 15 OZ.) (880 g)

Nutrition Facts

Serving Size: 2 Scoops (40 g)

Servings Per Container: 22

Amount Per Serving	Calories from Fat 15
Calories 140	% Daily Value*
Total Fat 2 g	3%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 50 mg	17%
Sodium 100 mg	4%
Potassium 130 mg	4%
Total Carbohydrate 14 g	5%
Dietary Fiber 8 g	32%
Sugars 5 g	
Protein 20 g	40%

Vitamin A: 0% • Vitamin C: 0%

Calcium: 15% • Iron: 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	3,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	25 g	35 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium	Less than	3,500 g	3,500 g
Total Carbohydrate	Less than	300 g	375 g
Dietary Fiber	Less than	25 g	30 g
Protein	Less than	50 g	65 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHEY PROTEIN CONCENTRATE, PALM FRUCTOOLIGOSACCHARIDES (FROM CHICORY ROOT), KACAO (BAM BEANS), ORGANIC SWEET WHEY POWDER, ORGANIC HONEY, CRYSTAL MALT, ORGANIC NATURAL FLAVORS, SUNFLOWER LECTHIN, CHIA SEEDS, MEDIUM CHAIN TRIGLYCERIDES, PROBIOTIC BLEND (LACTOBACILLUS ACIDOPHILUS, LACTOBACILLUS RHAMNOSUS, BIFIDOBACTERIUM BIFIDUM, BIFIDOBACTERIUM LONGUM, BIFIDOBACTERIUM LACTIS, LACTOBACILLUS PLANTARUM, LIO HAN GUO JUICE CONCENTRATE, ARABINOGLYCAN).

CONTAINS MILK.

FORMULATED AND DISTRIBUTED BY:
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DR. MERCOLA®
PREMIUM NUTRITION

PURE POWER PROTEIN

Whey Protein Concentrate with Chia Seeds

With 20 grams of High-Quality Protein
Per Serving from Pasture-Fed Cows' Whey

Pure Power Protein contains Fructooligosaccharide Prebiotics, and 15 Billion CFU Probiotics [at time of manufacture].

It's free of synthetic preservatives, added sugars, and artificial sweeteners.

Pure Power Protein can help you get an edge over the competition, and support your fitness efforts.

SUGGESTED USE: Adults: mix two (2) scoops (40 g) with 8 oz. of water or milk until desired consistency is reached.

DO NOT USE IF SAFETY SEAL IS TORN OR DAMAGED.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Dr. Mercola has been providing quality products since 2001.

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