

DR. MERCOLA®
PREMIUM NUTRITION

PURE POWER PROTEIN

Whey Protein Concentrate with Chia Seeds



Strawberry

Natural Strawberry Flavor
with Other Natural Flavors

20 g
PROTEIN

15
BILLION
CFU MICROBIOTA

NET WT. 31 OZ. (1 LB. 15 OZ.) (880 g)

Nutrition Facts

Serving Size: 2 Scoops (40 g)
Servings Per Container: 22

Amount Per Serving	Calories from Fat 15
Calories 140	% Daily Value*
Total Fat 2 g	3%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 50 mg	17%
Sodium 80 mg	3%
Potassium 115 mg	3%
Total Carbohydrate 14 g	5%
Dietary Fiber 8 g	32%
Sugars 5 g	
Protein 20 g	40%

Vitamin A 0% • Vitamin C 6%

Calcium 15% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sodium	Less than	30 mg	25 g
Cholesterol	Less than	300 mg	300 mg
Potassium	Less than	2,400 mg	2,400 mg
Total Carbohydrate	Less than	300 g	375 g
Dietary Fiber	Less than	25 g	30 g
Protein	Less than	50 g	65 g
Calories per gram			

Fat 9% • Carbohydrate 4% • Protein 4%

INGREDIENTS: WHEY PROTEIN CONCENTRATE, INULIN (FRUCTOOLIGOSACCHARIDES FROM CHERRY ROOT), ACACIA GUM, MANNOS, NATURAL FLAVORS, ORGANIC SWEET WHEY POWDER, ORGANIC NONFAT DRY MILK, GUAR GUM, STARCH, WHEY POWDER, SALT, LECITHIN, CHIA SEEDS, BEET POWDER (FOR COLOR), MEDIUM CHAIN TRIGLYCERIDES, LULO HAIR GEL, X-100 CONCENTRATE, PHOSPHOLIPID, BLEND (LACTOBACILLUS ACIDOPHILUS, LACTOBACILLUS RHAMNOSUS, BIFIDOBACTERIUM BREVIUM, BIFIDOBACTERIUM LONGUM, BIFIDOBACTERIUM LACTIS, LACTOBACILLUS PLANTARUM, CITRIC ACID, ARABINOSYLACTAN, CONTAINS MILK.

FORMULATED AND DISTRIBUTED BY:
Mercola Health Resources, LLC
3200 W. Higgins Road
Hoffman Estates, IL 60139 USA
(815) 252-4355

DR. MERCOLA®
PREMIUM NUTRITION

PURE POWER PROTEIN

Whey Protein Concentrate with Chia Seeds

With 20 grams of High-Quality Protein
Per Serving from Pasture-Fed Cows' Whey

Pure Power Protein contains Fructooligosaccharide Prebiotics, and 15 Billion CFU Probiotics [at time of manufacture].

It's free of synthetic preservatives, added sugars, and artificial sweeteners.

Pure Power Protein can help you get an edge over the competition, and support your fitness efforts.

SUGGESTED USE: Adults, mix two (2) scoops (40 g) with 8 oz. of water or milk until desired consistency is reached.

DO NOT USE IF SAFETY SEAL IS TORN OR DAMAGED.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Dr. Mercola has been providing quality products since 2001.

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