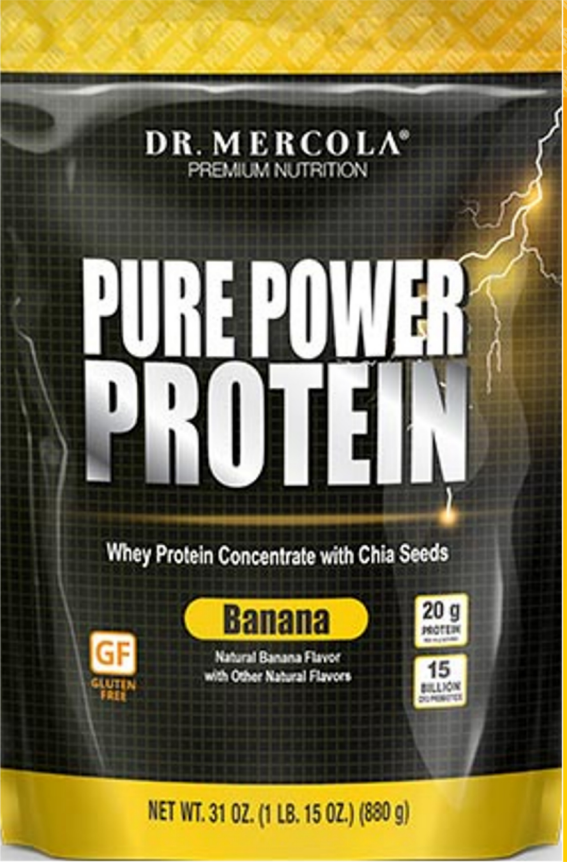

Nutrition Facts

Serving Size: 2 Scoops (40 g)
Servings Per Container: 22

Amount Per Serving	
Calories 140	Calories from Fat 15
	% Daily Value*
Total Fat 2 g	3%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 50 mg	17%
Sodium 85 mg	4%
Potassium 140 mg	4%
Total Carbohydrate 14 g	5%
Dietary Fiber 8 g	32%
Sugars 6 g	
Protein 20 g	40%
Vitamin A 0% •	Vitamin C 0%
Calcium 20% •	Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHEY PROTEIN CONCENTRATE, INULIN (FRUCTOOLIGOSACCHARIDES [FROM CHICORY ROOT]), ORGANIC SWEET WHEY POWDER, ACACIA (GUM ARABIC), ORGANIC NONFAT DRY MILK, CHIA SEEDS, GUAR GUM, NATURAL FLAVORS, BANANA POWDER, SUNFLOWER LECITHIN, MEDIUM CHAIN TRIGLYCERIDES, PROBIOTIC BLEND (*LACTOBACILLUS ACIDOPHILUS, LACTOBACILLUS RHAMNOSUS, BIFIDOBACTERIUM BIFIDUM, BIFIDOBACTERIUM LONGUM, BIFIDOBACTERIUM LACTIS, LACTOBACILLUS PLANTARUM*), LUO HAN GUO JUICE CONCENTRATE, TURMERIC (for Color), ARABINOGALACTAN.

CONTAINS MILK.

FORMULATED AND DISTRIBUTED BY:
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DR. MERCOLA®
PREMIUM NUTRITION

PURE POWER PROTEIN

Whey Protein Concentrate with Chia Seeds

With 20 grams of High-Quality Protein Per Serving from Pasture-Fed Cows' Whey

Pure Power Protein contains Fructooligosaccharide Prebiotics, and 15 Billion CFU Probiotics [at time of manufacture].

It's free of synthetic preservatives, added sugars, and artificial sweeteners.

Pure Power Protein can help you get an edge over the competition, and support your fitness efforts.

SUGGESTED USE: Adults, mix two (2) scoops (40 g) with 8 oz. of water or milk until desired consistency is reached.

DO NOT USE IF SAFETY SEAL IS TORN OR DAMAGED.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Dr. Mercola has been providing quality products since 2001.

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