## (PLEASE READ THE ENTIRE LABEL BEFORE USE)

Recommended Use: Mix 1-2 scoops with 8-16 ounces of water and consume before, during, or after your workout.

On non-workout days, mix 1-2 scoops with 8-16 ounces of water and consume on an empty stomach up to 3 times a day.

Warning: This product is only intended to be consumed by healthy individuals 18 years of age or older. Consult your physician prior to use if you are pregnant or nursing. Consult your physician prior to use if you are taking any medications or have any medical condition. Do not exceed recommended use. Improper use will not improve results. Discontinue use and seek professional assistance immediately if you experience unwanted side effects. Discontinue use 2 weeks prior to surgery. Do not use if safety seal is broken or missing. Keep out of reach of Children. Store in a cool, dry place. Contents are sold by weight not volume. Some settling may occur.



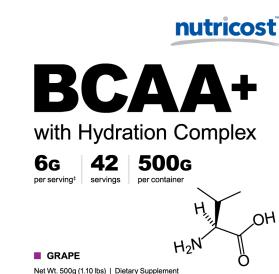
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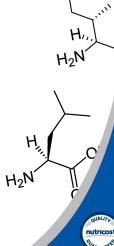
1404 W State Street #208. Pleasant Grove, UT 84062

Made in the USA

www.nutricost.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





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	Potassium (as Dipotassium Phosphate, Coconut Water)	107mg	39	
	2:1:1 BCAA (Instantized) (6g)			
	L-Leucine	3,000mg		
	L-Isoleucine	1,500mg		
	L-Valine	1,500mg		
	Hydration Complex	2,000mg		
	Coconut Water Powder, Dicalcium Phosphate, Disodium Phosphate, Dipotassium Phosphate, Dimagnesium Phosphate			
	L-Glutamine	1,500mg		
	* Daily Value not established.			
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**Supplement Facts** 

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ı	Serving Size: 1 Scoop (12.03g)
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Amount Per Serving		% DV	Tartaric A
			ar.
Calcium (as Dicalcium Phosphate)	65mg	7%	
Phosphorus	165mg	17%	Flavors.
Magnesium (as Dimagnesium Phosphate)	55mg	14%	
Sodium (as Disodium Phosphate)	35mg	1%	cial
Potassium (as Dipotassium Phosphate,	107mg	3%	Artificial