

VALUE SIZE



NATURALIST®

Calcium Magnesium and Zinc

**Supports Bone, Muscle and
Immune System Health***

200 TABLETS

Dietary Supplement



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Supplement Facts

Serving Size 3 Tablets
Servings Per Container 66

Amount Per Serving		%Daily Value
Calcium (as Calcium Carbonate and Calcium Gluconate)	1,000 mg	77%
Magnesium (as Magnesium Oxide and Magnesium Gluconate)	400 mg	95%
Zinc (as Zinc Oxide and Zinc Citrate)	25 mg	227%

Other Ingredients: Cellulose (Plant Origin), Croscarmellose, Cellulose Coating. **Contains <2% of:** Medium Chain Triglycerides, Polydextrose, Vegetable Magnesium Stearate.

IMPORTANT FACTS YOU SHOULD KNOW

Calcium is the primary mineral responsible for strong bones and provides the building blocks for strong teeth.* The body also uses Calcium for proper muscle contraction and nerve function and obtains this Calcium from the bones when dietary intake of calcium is not enough.* Magnesium plays an essential role in maintaining bone mineralization.* Zinc is essential for cell division and growth.*

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DIRECTIONS: FOR ADULTS, TAKE THREE (3) TABLETS DAILY, PREFERABLY WITH A MEAL.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor, sodium.

Vegetarian Formula

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quality Guaranteed Lab Tested
Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Manufactured by Rexall Sundown, Inc.
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