

For more information, please visit
integrativepro.com.

Warning: This product should not be consumed by children under the age of 12 years or by pregnant or nursing women. Some may experience gastrointestinal (GI) upset including abdominal cramping, nausea or diarrhea while taking this product. As with any supplement, if discomfort persists discontinue use. Those suffering from GI disorders such as ulcers, irritable bowel syndrome, Crohn's disease, ulcerative colitis, or celiac disease should not use 5-HTP. Those taking prescription anti-depressants should not use 5-HTP. Do not take this product if you have or are taking prescription drugs for epilepsy, scleroderma or Parkinson's disease. Do not take this if you are taking sedatives, tranquilizers or any prescription drugs. Avoid alcohol and do not drive or operate heavy machinery while taking this product.

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◆ LZ73233.C01 BLK323C



THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



END FATIGUE™ REVITALIZING SLEEP FORMULA

RESTFUL SLEEP BLEND

30 VEG CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Amount per Capsule	% DV
Valerian (<i>Valeriana officinalis</i>) Root Extract standardized to contain 0.8% valerenic acids	200 mg**
Passionflower (<i>Passiflora incarnata</i>) Leaf and Flower Extract	90 mg**
L-5-Hydroxytryptophan (5-HTP) (from <i>Griffonia simplicifolia</i> Bean)	50 mg**
L-Theanine (Suntheanine® brand)	50 mg**
Hops (<i>Humulus lupulus</i>) Flower Extract	30 mg**
Lemon Balm (<i>Melissa officinalis</i>) Leaf Extract	20 mg**

**Daily Value (DV) not established.

Other ingredients: hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silicon dioxide

Recommendation: Take 1 capsule 30-60 minutes before bedtime. If additional support is desired, take up to 4 capsules or as recommended by a healthcare professional. For optimum results, use in combination with End Fatigue™ Daily Energy Enfusion™.

Contains no sugar, salt, yeast, wheat, gluten, soy, dairy products, artificial colors, flavors, preservatives or ingredients of animal origin.

Suntheanine®, a patented form of L-Theanine, is a registered trademark of Taiyo International, Inc.