

PL414

Folic Acid Tablets USP.

NO PRESERVATIVES
ADDED

NO LACTOSE
NO ARTIFICIAL
COLOR OR FLAVOR
NO GLUTEN



ACTUAL SIZE



Longs.
WELLNESS

natural

Folic Acid

400 mcg

Dietary Supplement

250 TABLETS

Product Benefit



USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% Daily Value
Folic Acid 400 mcg	100%

INGREDIENTS: Dicalcium Phosphate, Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate, Folic Acid.



Distributed by Longs Drugs
Walnut Creek, CA 94596 ■■■
For further information contact
1-800-TO-LONGS or Longs.com

Suggested use: Take one tablet daily with a full glass of water, preferably after a meal.

Keep out of the reach of children.
Keep in a cool dry place, tightly closed.

Research shows folic acid helps men and women maintain normal cardiovascular health. Adequate folic acid in a healthful diet may reduce a woman's risk of having a child with brain or spinal cord birth defects.

LNG5500A06

FRESHNESS AND POTENCY GUARANTEED THROUGH: