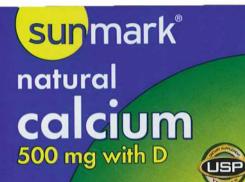
49348-330-19 **PRESERVATIVES** ADDED NO LACTOSE **NO ARTIFICIAL** COLOR OR FLAVOR NO GLUTEN



Oyster shell Pharmaceutical grade^{TM*}

> **PRODUCT** BENEFIT

DIETARY SUPPLEMENT

250 TABLETS

* Natural source of calcium with a low lead content

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

Supplement Facts

Serving Size 1 Tablet

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Each Tablet Contains	% Daily Value
Vitamin D 200 IU	50%
Calcium 500 mg	50%

INGREDIENTS: Calcium Carbonate (from Oyster Shell), Maltodextrin, Cellulose, Acacia, Croscarmellose Sodium, Mineral Oil, Hypromellose, Calcium Stearate, Gelatin, Corn Starch, Magnesium Stearate, Carnauba Wax, Polyethylene Glycol, Crospovidone, Stearic Acid (Soy), Cholecalciferol.

Vitamin D assists in the absorption of calcium. Individuals who do not store enough calcium throughout their lives have an increased risk for developing osteoporosis. While adequate calcium intake is important, daily intakes above 2000 mg are not likely to provide any additional benefit.

Suggested use: Take one tablet two to three times daily with a full glass of water, preferably after a meal.

Keep out of the reach of children. Keep in a cool dry place, tightly closed. No artificial colors have been added to this

formula, the product may vary in color.

Calcium with Vitamin D Tablets USP.

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Regular exercise and a healthful diet with adequate calcium are essential in achieving peak bone mass in teenagers and young adults and maintaining bone health during adulthood.

BR06