

For more information, please visit
integrativepro.com.

If pregnant, nursing, or taking prescription drugs,
consult your healthcare professional prior to use.
Quatrefolic® is a registered trademark of Gnosis S.p.A.



Certified for Sport®
www.nsf.org

Contains no sugar, salt, yeast, wheat, gluten, soy, dairy
products, artificial colors, flavors, preservatives or
ingredients of animal origin.

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THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



ACTIVE B-COMPLEX

WITH QUATREFOLIC® BRAND
METHYLFOLATE

60 VEG CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 capsules

Servings per container 30

Amount per 2 capsules		%DV
Total Carbohydrate	1 g	<1%†
Dietary Fiber	<1 g	2%†
Thiamin (Vitamin B1)	50 mg	3,333%
Riboflavin (as riboflavin-5'-phosphate and Vitamin B2)	50 mg	2,941%
Niacin (as inositol hexaniacinate)	100 mg	500%
Vitamin B6 (as pyridoxal-5'-phosphate and pyridoxine HCl)	50 mg	2,500%
L-Methyltetrahydrofolate (as Quatrefolic® brand (6S)-5-Methyltetrahydrofolate, glucosamine salt)	800 mcg	200%
Vitamin B12 (as methylcobalamin)	1 mg	16,667%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium D-pantothenate)	100 mg	1,000%
Choline Bitartrate	250 mg	**
Inositol	250 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: vegetable capsule (hydroxypropyl methylcellulose),
cellulose, calcium laurate, silicon dioxide

Recommendation: Take 1 or 2 capsules daily, or as recommended
by your healthcare professional.