

CONTAINS SOY INGREDIENTS. PRODUCED IN A FACILITY THAT PROCESSES TREE NUTS, MILK, EGGS, SHELLFISH, FISH AND WHEAT.

MANUFACTURED FOR: WHOLE FOODS MARKET • 550 BONNIE ST., AUSTIN, TX 78703
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CONTAINS NO ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES.

WARNING: DO NOT USE THIS PRODUCT IF PREGNANT, NURSING, OR UNDER THE AGE OF 12. DO NOT EXCEED RECOMMENDED DOSE, OR TAKE LONGER THAN THE RECOMMENDED PERIOD AS FREQUENT OR PROLONGED USE MAY RESULT IN DEPENDENCE. DO NOT USE WHEN ABDOMINAL PAIN, NAUSEA OR VOMITING ARE PRESENT. CONSULT A HEALTH CARE PRACTITIONER IF YOU NOTICE A SUDDEN CHANGE IN BOWEL HABITS THAT PERSIST OVER TWO WEEKS. RECTAL BLEEDING OR FAILURE TO MOVE BOWELS AFTER USE MAY INDICATE A SERIOUS CONDITION. DISCONTINUE USE AND CONSULT A HEALTH CARE PRACTITIONER. IF YOU HAVE DIABETES, OR ARE TAKING ANY MEDICATIONS, CONSULT A HEALTH CARE PRACTITIONER BEFORE USE.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

◆ LS98967WF.A04 BLK896A

TAMPER EVIDENT, USE ONLY IF SEAL IS INTACT.
KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.
NOT FOR INDIVIDUAL RESALE.



Herbal Regularity[®] Laxative Formula[†]

PROMOTES HEALTHY CLEANSING[†]

✓ GENTLE, NON-STIMULANT LAXATIVE[†]

✓ VEGAN FORMULA

35
TABLETS

DIETARY SUPPLEMENT

DIRECTIONS: DAY 1 THROUGH DAY 7: TAKE 3 TABLETS AT NIGHT WITH 8 OUNCES OF WATER.
DAY 8 THROUGH DAY 14: TAKE 2 TABLETS AT NIGHT WITH 8 OUNCES OF WATER. REDUCE DOSAGE IF YOU EXPERIENCE ABDOMINAL DISCOMFORT OR DIARRHEA. IF DISCOMFORT PERSISTS, DISCONTINUE USE.

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 11

Amount Per Serving	% Daily Value	
Calories	10	
Total Carbohydrate	1g	<1%*
Dietary Fiber	1g	4%*
Magnesium Hydroxide	2.6g	**
Proprietary Mucilage Blend: marshmallow (<i>Althaea officinalis</i>) root extract, slippery elm (<i>Ulmus rubra</i>) bark, and fenugreek (<i>Trigonella foenum-graecum</i>) seed extract	650mg	**
Burdock (<i>Arctium lappa</i>) Root Extract	300mg	**
Proprietary Soothing Blend†: fennel (<i>Foeniculum vulgare</i>) seed, ginger (<i>Zingiber officinale</i>) rhizome extract, and peppermint (<i>Mentha x piperita</i>) leaf	150mg	**
Red Clover (<i>Trifolium pratense</i>) Blossom Extract	100mg	**

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.

OTHER INGREDIENTS: CELLULOSE, STEARIC ACID (VEGETARIAN SOURCE), MODIFIED CELLULOSE GUM, HYPROMELLOSE, MAGNESIUM STEARATE (VEGETARIAN SOURCE), VEGETABLE GLYCERIN, SILICON DIOXIDE, SOY LECITHIN.