

PLANETARY[®]
HERBALS

MYELIN SHEATH SUPPORT™

820 MG • 180 TABLETS

HERBAL SUPPLEMENT

Approved by
Michael Tierra L.Ac, O.M.D.

Michael Tierra

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 90

	Amount Per Serving	%DV
Calories	5	
Total Carbohydrate	1 g	<1%*
Vitamin D-3 (as cholecalciferol)	134 IU	34%
Vitamin B-12 (as methylcobalamin)	170 mcg	2,833%
Pantothenic Acid (as calcium D-pantothenate)	33 mg	330%
Calcium (as calcium ethanolamine phosphate [EAP])	38 mg	4%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as magnesium malate and citrate)	3 mg	1%
Zinc (as zinc picolinate)	1 mg	7%
Selenium (as L-selenomethionine)	23 mcg	33%
Copper (as copper sebacate)	666 mcg	33%
Manganese (as manganese citrate)	180 mcg	9%
Chromium (as chromium picolinate)	40 mcg	33%
Molybdenum (as molybdenum chelate)	50 mcg	67%
Sodium	5 mg	<1%
Potassium (as potassium citrate)	1 mg	<1%

Proprietary Blend: 1.64 g †
Elderberry Fruit, Asian Ginseng Root Extract, Tienchi Ginseng Root, Hawthorn Berry Extract, Shilajit Mineral Resin Extract, Bromelain, Phellodendron Bark, Guggul Extract, Chebulic Myrobalan Fruit, Amla Fruit Extract, *Boswellia serrata* Gum Resin Extract, Licorice Root Extract, Ashwagandha Root Extract, Chinese Salvia Root Extract, Turmeric Rhizome Extract, Lion's Mane Mycelia, Amla Fruit, Belleric Myrobalan Fruit, Astragalus Root Extract, Gotu Kola Aerial Parts Extract, Ginger Root, Black Pepper Fruit,

Long Pepper Fruit, and Boron Chelate.

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: dibasic calcium phosphate, stearic acid, modified cellulose gum, acacia gum, and silica.

Contains soy.

Planetary Herbals **MYELIN SHEATH SUPPORT™** is a comprehensive botanical preparation designed to support the fat-like insulating sheath (myelin) that surrounds certain nerve tissues. This formula was developed by herbalist Alan Tillotson, a clinician with 30 years of clinical experience. It is a blend of Chinese and Ayurvedic botanicals used for their tonifying properties and key minerals to support a healthy nervous system.*

Suggested Use: 2 tablets twice daily between meals.

STORE IN A COOL, DRY PLACE.

WARNING: Do not use if you are pregnant, may become pregnant, or breastfeeding.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Manufactured for:
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