

# VALUE SIZE

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## NATURALIST®

**PURIFIED** TO ELIMINATE MERCURY

# Natural Fish Oil 1000mg

Total Omega-3 Fatty Acids 300 mg



**Supports Heart Health\***

**150 SOFTGELS**

Dietary Supplement

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Calories	10	
Total Fat	1 g	1%**
Cholesterol	10 mg	3%
Fish Oil	1,000 mg (1 g)	***
provides 300 mg of Total Omega-3 Fatty Acids†		***
comprising of:		
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Other Fatty Acids		***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Gelatin (Bovine), Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, herring, mackerel, sardine) ingredients.

†As Natural Triglycerides

### IMPORTANT FACTS YOU SHOULD KNOW

Fish Oil contains eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), two fatty acids that help support and maintain the health of your cardiovascular system. \* Omega-3 fatty acids are considered some of the "good" fats important for cellular, heart and metabolic health.\*

**DIRECTIONS:** FOR ADULTS, TAKE ONE (1) SOFTGEL THREE TIMES DAILY, PREFERABLY WITH MEALS.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor, sodium.

**WARNING:** If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

Marine Lipid Concentrate.

Product of Peru

Manufactured for Rexall Sundown, Inc.  
Boca Raton, FL 33487 USA  
1-888-VITAHELP (848-2435)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quality Guaranteed Lab Tested  
Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Prod. No. 55923



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ACTUAL SIZE