

**sunmark®**

49348-062-43

**calcium**  
**500 mg**

Oyster Shell

**DIETARY SUPPLEMENT**

**FOR STRONG BONES**

**75 TABLETS**

Made to U.S. Pharmacopeia (USP) quality, purity and potency standards. Laboratory tested to dissolve within 30 minutes.

### Supplement Facts

Serving Size 1 Tablet

| Each Tablet Contains | % DV |
|----------------------|------|
| Calcium 500 mg       | 50%  |

**INGREDIENTS:** Oyster Shell, Maltodextrin, Cellulose, Mineral Oil, Hypromellose, Titanium Dioxide, Polyethylene Glycol, Polysorbate 80, Yellow 5 Lake, Carnauba Wax, Blue 1 Lake, Croscovidone, Magnesium Stearate, Stearic Acid (Soy).

**McKesson**

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Regular exercise and a healthful diet with adequate calcium are essential in achieving peak bone mass in teenagers and young adults and maintaining bone health during adulthood. Individuals who do not store enough calcium throughout their lives have an increased risk for developing osteoporosis.

While adequate calcium intake is important, daily intakes above 2000 mg are not likely to provide any additional benefit.

**Suggested use:** Take one tablet two to three times daily with a full glass of water, preferably after a meal.

**Two tablets provide:** 1000 mg Calcium, 100% of the Daily Value for adults and children 4 or more years of age.

**Three tablets provide:** 1500 mg Calcium, 115% of the Daily Value for pregnant and lactating women.

Keep out of the reach of children.  
Keep in a cool dry place, tightly closed.  
Calcium Carbonate Tablets USP.

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FRESHNESS AND POTENCY GUARANTEED THROUGH: