For more information, please visit integrative pro.com.

Recommendation: Take 4 tablets daily with water to activate easy to swallow tablet coating, or as recommended by your healthcare professional. May take 2 tablets twice daily. Best if taken with fond

Warning: Not for use by pregnant or nursing women. If you have a blood clotting disorder, are taking warfarin or any blood thinning drugs, or taking any prescription drugs for diabetes, or are taking any other prescription drugs, consult a healthcare professional prior to use.

Contains no sugar, yeast, wheat, gluten, soy, dairy products, artificial colors, flavors or preservatives.

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## CLINICAL NUTRIENTS™ 50-PLUS MEN

IRON-FREE

MULTIVITAMIN

120 TABLETS

DIETARY SUPPLEMENT

## **Supplement Facts**

Amount per 4 tablets		%DV	Amount per 4 tablets		%D\
Calories	5		Sodium	5 mg	<1%
Total Carbohydrate	1 g	<1%†	Potassium (as potassium aspartate)	100 mg	3%
Vitamin A (75% as beta sarotene and as retinyl acetate)	5,000 IU	100%	Choline Bitartrate	275 mg	**
Vitamin C (as potassium ascorbate)	300 mg	500%	Cinnamon (Cinnamomum aromaticum) Bark Extract	200 mg	
Vitamin D (as cholecalciferol)	800 IU	200%	Proprietary Blend: sweet cherry	112 ma	*
Vitamin E (as d-alpha tocopheryl acetate and mixed tocopherols)	67 IU	223%	fruit, green tea leaf extract, grape seed extract, pomegranate fruit extrac		
Vitamin K (as phytonadione)	120 mcg	150%	and giant knotweed root and rhizome extract containing 50% resveratrol		
Thiamin (vitamin B1)	60 mg	4,000%	Saw Palmetto (Serenoa repens)	80 ma	*
Riboflavin (vitamin B2)	60 mg	3,529%	Berry Extract	oo mg	
Niacin (as niacinamide and niacin)	120 mg	600%	Digestive Blend: ginger rhizome extrac	t 74 mg	*:
Vitamin B6 (as pyridoxine HCI)	25 mg	1,250%	and radish (Raphanus sativus) root	40	*
Folic Acid	800 mcg	200%	Vegetable Blend: broccoli, cabbage, carrot, collard greens, radish, tomato	40 mg	
Vitamin B12 (as cyanocobalamin)	800 mcg		mustard greens, kale, spinach	,	
Biotin	600 mcg	200%	Inositol	30 mg	*
Pantothenic Acid (as calcium D-pantothenate)	100 mg	1,000%	Betaine HCI	25 mg	*
Calcium (as calcium carbonate tricalcium phosphate, and calcium cit	400 mg rate)	40%	Asian Ginseng (Panax ginseng) Root Extract standardized to contain 7% ginsenosides	15 mg	*
lodine (as potassium iodide)	300 mcg	200%	Bilberry (Vaccinium myrtillus) Fruit Extra	ct 10 mg	*
Magnesium (as magnesium	200 mg	50%	Boron (as sodium borate)	3 mg	*
aspartate and magnesium oxide)			Lycopene	2 mg	*
Zinc (as zinc gluconate)	18 mg	120%	Lutein	1.5 mg	*
Selenium (as L-selenomethionine)	200 mcg	286%	Vanadium (as vanadyl sulfate)	150 mcg	
Copper (as copper gluconate)	2 mg	100%	Zeaxanthin	75 mcg	*
Manganese (as manganese citrate) Molvbdenum (as sodium molvbdate)	2 mg	100%	†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.		

Other ingredients: cellulose, hydroxypropyl methylcellulose, sodium carboxymethyl cellulose, magnesium stearate, glycerin, stearic acid, silicon dioxide, acacia gum, organic maltodextrin