WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

THIAMIN

VITAMIN B12 AS METHYLCOBALAMIN

FOLATE AS METHYLFOLATE

VITAMIN D AS D3

OMEGA 3 FISH OIL FROM SMALL FISH

IODINE

NIACIN

2 DELICIOUS FLAVORS STRAWBERRY BANANA and ORANGE

DOES NOT CONTAIN IRON





OMEGA 3s THIAMIN

B12 • D3 MULTI

MORE THAN A MULTIVITAMIN

90 GUMMIES

DIETARY SUPPLEMENT

OUR HEALTHY OBSESSION

With your bariatric surgery, you've taken a great step toward a healthier life. So we believe you deserve the very best in supplements — all-in-one, premium ingredients delivered in a delicious package at a fair price. Supplements that address your specific demands in a hassle-free format even your doctor will love. We are proud to be part of your journey. Onward!





Courtney & Gordon Co-CEOs



GMOs, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs. soy, gluten, peanuts, tree nut allergens, fish allergens, shellfish, and salicylates, YAY!

EVERY BATCH 3RD PARTY LAB TESTED

WARNING This product is intended for use by patients who have undergone bariatric surgery. Consult your healthcare provider before use. Keep out of the reach of children. Take only as directed Do not exceed recommended dosage. Do not use if inner safety seal is broken.



Do not freeze, product may darken over time. Manufactured in the USA from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA

For Customer Support: 1-888-751-2291 CustomerService@SmartyPantsCorp.com www.SmartvPantsVitamins.com



Directions: For adults, take three (3) gummies in the morning. May be taken with or without food.

Supplement Facts

Serving Size 3 Gummies Servings Per Container 30 Amount Por 2 Gummy Sonding

** Daily Value not established

Amount Per 3 Gummy Serving	% E	% Daily Value	
Calories	25		
Total Carbohydrate	5 g	2%†	
Sugars	3 g	**	
Vitamin A (as 50% beta carotene, 50% retinyl palmitate USP)	750 IU	15%	
Vitamin C (as ascorbic acid USP)	50 mg	83%	
Vitamin D (as cholecalciferol USP)	1000 IU	250%	
Vitamin E (as d-alpha-tocopherol from sunflower oil)	15 IU	50%	
Thiamin (as thiamine mononitrate USP)	0.22 mg	15%	
Riboflavin USP	0.17 mg	10%	
Niacin (as inositol niacinate USP)	4 mg	20%	
Vitamin B-6 (as pyridoxine hydrochloride USP)	2 mg	100%	
Folate (as L-methylfolate, calcium salt)	400 mcg	100%	
Vitamin B-12 (as methylcobalamin)	50 mcg	833%	
Iron	0 mg	0%	
Iodine (as potassium iodide USP)	75 mcg	50%	
Sodium	13 mg	< 1%	
Fish Oil	225 ma	**	
Total Omega-3 Fatty Acids	90 mg	**	
EPA (Eicosapentaenoic Acid)	30 mg	**	
DHA (Docosahexaenoic Acid)	25 mg	**	
Coenzyme Q10 (as ubiquinone USP)	50 mg	**	
Choline (as choline bitartrate USP)	22 mg	**	
Inositol FCC	20 mg	**	
† Percent Daily Value based on a 2 000 calorie diet			

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Pectin, Citric Acid, Gelatin, Natural Flavors, Colored With Organic Black Carrot Juice Concentrate and Annatto, Medium Chain Triglycerides from Coconut Oil, Carnauba Wax.

Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only

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