WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

SUPERSTAR MO INGREDIENTS

OMEGA 3 FISH OIL FROM SMALL FISH

VITAMIN D AS D3

LYCOPENE

CoQ10

FOLATE AS METHYLFOLATE

B12 AS METHYLCOBALAMIN

IODINE

ZINC

3 DELICIOUS FLAVORS
LEMON CRÈME,
BLUEBERRY, and BLACKBERRY

SMARTY PANTS®

NON GMO

MEN'S MO COMPLETE

MOVEMBER® FOUNDATION

OMEGA 3s FOLATE | D3•CoQ10 LYCOPENE

MORE THAN A MULTIVITAMIN

180 GUMMIES

DIETARY SUPPLEMENT

OUR MOVEMBER BROMANCE

At SmartyPants, we believe man parts deserve better than being called "junk." That's why our delicious gummies contain premium nutrients tailored to support men's health.* It's also why we decided **for every purchase made, we will donate to the Movember Foundation.** A global charity funding world-class men's health programs? **We're in.**

Courtney & Gordon
Co-CEOs

MOVEMBER® FOUNDATION

FREE OF GMOs, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, peanuts, tree nut allergens, fish allergens, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

WARNING Keep out of reach of children. Take only as directed. Do not exceed recommended dosage. If you have a medical condition, are on medication, or are pregnant or nursing, please consult your health care provider before use. Do not use if inner safety seal is broken. Discontinue use two weeks prior to surgery.

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc.,
Marina del Rey, CA 90292 USA

For Customer Support: 1-888-751-2291
CustomerService@SmartyPantsCorp.com
www.SmartyPantsVitamins.com

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Directions: For adult men, take six (6) gummies daily. May be taken with or without food.

Supplement Facts

Serving Size 6 Gummies
Servings Per Container 30

Amount Per 6 Gummy Serving		% Daily Value
Calories	50	
Cholesterol	< 5 mg	< 1%
Total Carbohydrate	11 g	4%†
Sugars	7 g	**
Vitamin A (as retinyl palmitate USP)	1500 IU	30%
Vitamin C (as ascorbic acid USP)	60 mg	100%
Vitamin D (as cholecalciferol USP)	1200 IU	300%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	30 IU	100%
Thiamin (as thiamine mononitrate USP)	0.08 mg	5%
Riboflavin USP	0.26 mg	15%
Niacin (as niacinamide USP)	4 mg	20%
Vitamin B-6 (as pyridoxine hydrochloride USP)	2 mg	100%
Folate (as L-methylfolate, calcium salt)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	100 mcg	1667%
Biotin USP	45 mcg	15%
Pantothenic acid (as calcium D-pantothenate USP)	1.5 mg	15%
Iodine (as potassium iodide USP)	150 mcg	100%
Zinc (as zinc citrate USP)	15 mg	100%
Selenium (as sodium selenite)	14 mcg	20%
Sodium	25 mg	1%
Fish Oil	510 mg	**
Total Omega-3 Fatty Acids	162 mg	**
EPA (Eicosapentaenoic Acid)	72 mg	**
DHA (Docosahexaenoic Acid)	54 mg	**
Lycopene	8 mg	**
Choline (as choline bitartrate USP)	18 mg	**
Inositol FCC	30 mcg	**
Coenzyme Q10 (as ubiquinone USP)	120 mg	**

† Percent Daily Value based on a 2,000 calorie diet.
** Daily Value not established.

METAFOLIN® is a registered trademark of Merck KGaA, Darmstadt, Germany

MEG-3® is a trademark of DSM

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Natural Flavors, Colors Added (Organic Turmeric, Organic Black Carrot Juice Concentrate, Maqui Berry), Medium Chain Triglycerides from Coconut Oil, Carnauba Wax.
Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only

LABMCU180R3