

NEW LOOK — IMPROVED FORMULA

Directions: Take 2 tablets after each meal 3 times per day. Whole food based for faster disintegration.

GLUTEN FREE | VEGETARIAN | HYPOALLERGENIC
Contains no: GMO's, sugar, gelatin, nuts, wheat, yeast, pollen, buckwheat, dairy, corn or soy residues, hidden additives or artificial colorings.

Formulated by and Manufactured for SuperNutrition

SuperNutritionUSA.com

Oakland, CA 94612 — 800.262.2116

100% GUARANTEED

With Proof of Purchase

Vitamins A, D & K2 (MK-7) support heart health.*

MenaQ7
NATURAL VITAMIN K2

A Trademark Of
NattoPharma ASA, Norway



WARNING: Consult your doctor before using if taking blood-thinning medications or planning any medical procedure

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

† Cholesterol already within the normal range

Store in a cool,
dry place.



SCIENTIFICALLY
PROVEN
POTENCIES

**Super
Nutrition™**
SINCE 1977

Men's Blend

ANTIOXIDANT-RICH MULTIVITAMIN

Supports All Day Energy,
Calm, Sharp Focus &
Healthy Cholesterol†



Now with
**180 mcg
K2**

— FEEL MORE ENERGY IN ONE WEEK —
OR YOUR MONEY BACK

A DIETARY SUPPLEMENT | 90 TABLETS

Supplement Facts

Serving Size 6 Tablets

Servings Per Container 15

	Amount Per Serving	% DV
Vitamin A (as retinol palmitate)	5000 IU	100 %
Vitamin C (ascorbic acid)	1250 MG	2083 %
Vitamin D (as vitamin D3)	3000 IU	750 %
Vitamin E (as d-alpha tocopheryl succinate)	400 IU	1333 %
Vitamin K (as vitamin K2 (as menaquinone-7)†)	180 MCG	225 %
Thiamine (vitamin B1)	75 MG	5000 %
Riboflavin (vitamin B2)	70 MG	4118 %
Niacin (as niacin**, niacinamide)	185 MG	825 %
Vitamin B6 (as pyridoxine HCl)	100 MG	5000 %
Folic Acid	1000 MCG	250 %
Vitamin B12 (as methylcobalamin)	250 MCG	4167 %
Biotin (as d-biotin)	600 MCG	220 %
Pantothenic Acid (as d-calcium pantothenate)	180 MG	1800 %
Calcium (as calcium carbonate, calcium citrate)	600 MG	60 %
Iron (as ferrous carbonyl)***	18 MG	100 %
Iodine (from kelp)	275 MCG	183 %
Magnesium (as magnesium oxide, magnesium glycinate)	600 MG	150 %
Zinc (as zinc oxide, zinc citrate)	40 MG	267 %

Other Ingredients: Microcrystalline Cellulose, Stearic Acid (Vegetable Source), Croscarmellose Sodium, Magnesium Stearate (Vegetable Source), Calcium Silicate, Natural Vanilla

† Natural vitamin K2 fermented on chickpeas as **MenaQ7** *** Iron pre-coated to prevent interaction with Vitamin E

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

	Amount Per Serving	% DV
Selenium (as sodium selenite)	250 MCG	357 %
Copper (as copper glycinate)	2.5 MG	125 %
Manganese (as manganese sulfate, manganese citrate)	10 MG	500 %
Chromium (as chromium polynicotinate)	250 MCG	208 %
Molybdenum (as molybdenum trioxide)	150 MCG	200 %
Potassium (as potassium chloride, potassium succinate)	99 MG	3 %
Betaine (as betaine HCl)	132 MG	.
Flavonoids (from lemon fruit)	5 MG	.
Boron	3 MG	.
Choline (as choline bitartrate)	157 MG	.
GLA (Gamma Linoleic Acid, from borage)	2 MG	.
Glutamic Acid (as glutamic acid HCl)	30 MG	.
Hesperidin (from citrus)	5 MG	.
Inositol	75 MG	.
Para-Aminobenzoic Acid	36 MG	.
Rutin	5 MG	.
Vitamin E Mixed Tocopherols (Gamma) (Alpha, Beta, Delta)	7 MG 4 MG	.
Men's Power Herb & Organic Whole Food Blend	150 MG	.
Aitaka leaf, Rose Hips, Chlorella herb, Maca root, Epinedium leaf, Tribulus Terrestris herb, Rhodiola Rosea root, Mula Puuma root, Sarsaparilla root, Ashwagandha root		

*Daily Value (DV) Not Established