



WOMEN'S EVERYDAY ONE

60 TABLETS
DIETARY SUPPLEMENT

FOOD
BASED

Directions: Take 1 tablet daily with a meal.

Store in a cool dry place away from direct sunlight.

Supplement Facts

Serving size: 1 tablet (950mg) Servings per container: 60

Amount per serving	%DV*	Amount per serving	%DV*
Vitamin A	5000 IU 100%	Chromium	120 mcg 100%
Vitamin C	90 mg 150%	Molybdenum	75 mcg 100%
Vitamin D3	800 IU 200%		
Vitamin E	30 IU 100%	Organic Vegetable & Fruit Blend	
Vitamin K	80 mcg 100%	(Kale, Broccoli, Spinach, Apple, Carrot,	
Thiamin	1.5 mg 100%	Parsley, Beet, Green Cabbage, Blueberry,	
Riboflavin	1.7 mg 100%	Raspberry, Strawberry, Tomato)	
Niacin	20 mg 100%	Women's Wellness Blend	
Vitamin B6	2 mg 100%	(Dong Quai Root, Red Clover Tops,	
Folic Acid	800 mcg 200%	Cranberry Fruit Extract)	
Vitamin B12	12 mcg 200%	Absorption Boost Blend	
Biotin	150 mcg 50%	(BioPerine®, Ginger Extract)	
Pantothenic Acid	10 mg 100%		
Calcium (Aquamin®)	50 mg 5%		
Iron	18 mg 100%		
Magnesium	25 mg 6%		
Zinc	15 mg 100%		
Selenium	70 mcg 100%		
Copper	1 mg 50%		
Manganese	2 mg 100%		

*Percent Daily Values are based on 2,000 calorie diet.

† Daily Value not established

Nutrition Facts per serving:

Calories/Energy 1kcal/4kJ, **Protein** 0.1g (0% DV*), **Total Fat** 0g (0% DV*), **Saturated Fat** 0g (0% DV*), **Trans Fat** 0g, **Total Carbohydrates** 0.1g (0% DV*), **Sugars** 0g, **Dietary Fiber** 0g (0% DV*), **Sodium** 2mg (0% DV*)

This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Ingredients: Algae, ascorbic acid, anti-caking agent (microcrystalline cellulose, stearic acid, silicon dioxide), apple, kale, broccoli, spinach, carrot, parsley, beet, green cabbage, blueberry, raspberry, strawberry, tomato, zinc citrate, molybdenum amino acid chelate, dong quai, red clover, cranberry, d-alpha-tocopheryl acid succinate, niacinamide, iron carbonyl, selenium amino acid chelate, beta carotene beads, biotin trituration, d-calcium pantothenate, manganese citrate, copper bisglycinate chelate, cholecalciferol, folic acid trituration, phytonadione trituration, ginger, selenomethionine, chromium nicotinate glycinate chelate, pyridoxine hcl, black pepper, thiamin mononitrate, cyanocobalamin trituration, vegetable coating (hypromellose, polydextrose, titanium dioxide, talc, riboflavin, medium chain triglyceride, spirulina)

Aquamin® is a registered trademark of Mangot Limited. BioPerine® is a registered trademark of Sabinsa Corporation. Non-GMO, naturally gluten free, no artificial colors or flavors



LifeNutrition.com
Net Weight: 57g (2.01oz)

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Hong Kong: Life Nutrition Int'l Co. Ltd. 2813, 188 Connaught Rd W

Made in USA



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