

For more information, please visit integrativepro.com.

Recommendation: Mix the contents of 1 sachet with 4-6 oz. of water 30 minutes before bedtime or as recommended by your healthcare professional. May be mixed with hot liquids if preferred.

Warning: This product should not be used by children under 12 years of age, or by women who are pregnant, attempting to become pregnant or nursing. Do not use this product if you are being treated with medications for depression or Parkinson's disease or have scleroderma. Consult your healthcare professional prior to use if suffering from gastrointestinal (GI) disorders or taking any prescription drugs. This product may cause drowsiness and should not be used if driving or operating heavy equipment. Some may experience GI upset while taking this product, including abdominal cramping, nausea or diarrhea. If discomfort persists discontinue use. Do not exceed the recommended dosage.

Contains no salt, yeast, wheat, gluten, soy, dairy products, artificial flavors, preservatives or ingredients of animal origin.

©2017 DISTRIBUTED BY INTEGRATIVE THERAPEUTICS, LLC
GREEN BAY, WI 54311 USA
integrativepro.com • 800.931.1709



Certified for Sport[®]
nsf.org

(THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.)



SLEEP RESET™

RESTFUL SLEEP BLEND

ORANGE FLAVORED

DRINK MIX

30 SACHETS 0.15 oz each NET WT 4.5 oz (127 g)

DIETARY SUPPLEMENT

LBZ10285.C01 BLK8819C



Supplement Facts

Serving Size 1 Sachet (0.15 oz)

Amount per Sachet		% DV
Calories	15	
Total Carbohydrate	<1 g	<1%†
Vitamin B6 (as pyridoxine HCl)	50 mg	2,500%
Glycine	3 g	**
Proprietary Blend:	300 mg	**
L-5-Hydroxytryptophan (5-HTP), L-Theanine (Suntheanine® brand) and Theracurmin® (enhanced bio- availability water-dispersible turmeric (<i>Curcuma longa</i>) rhizome complex) providing 30% curcumin		
Melatonin	3 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: natural flavors, citric acid, silicon dioxide, xanthan gum, maltose, radish juice concentrate color, gum ghatti, dextrin

Theracurmin® is a registered trademark of Theravalues Corporation, used under license by Schwabe North America, Inc.

Suntheanine®, a patented form of L-Theanine, is a trademark of Taiyo International, Inc.