

Directions: Take 3 softgels daily, with a meal, as a dietary supplement.

- Keep out of the reach of children.
- Store at 15-30°C (59-86°F).
- Protect from heat, light and moisture.
- Do not use if seal is broken.

Manufactured by:
Windmill Health Products™
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OMEGA 3·6·9™

ESSENTIAL EPA, DHA, GLA & ALA

Help Support: Joint Health, Cardiovascular Health †



MERCURY FREE

Dietary Supplement

Supplement Facts

Serving Size: 3 Softgels

Servings Per Container: 20

	Amount Per Serving	% Daily Value
Calories	40	
Calories from Fat	30	
Total Fat	3.5 g	6%*
Cholesterol	10 mg	4%*
Protein	1 g	2%*
Vitamin E	15 IU	100%
Fish Oil	1,200 mg	**
Typical Fatty Acid Profile:		
Omega-3 - Eicosapentaenoic Acid (EPA)	360-396 mg	**
Omega-3 - Docosahexaenoic Acid (DHA)	240-264 mg	**
Borage Seed Oil	1,200 mg	**
Typical Fatty Acid Profile:		
Omega-6 - Linoleic Acid	396-552 mg	**
Omega-6 - Gamma Linolenic Acid (GLA)	264 mg	**
Omega-9 - Oleic Acid	120-294 mg	**
Organic Flaxseed Oil	1,200 mg	**
Typical Fatty Acid Profile:		
Omega-3 - Alpha Linolenic Acid (ALA)	540-780 mg	**
Omega-6 - Linoleic Acid	132-288 mg	**
Omega-9 - Oleic Acid	132-288 mg	**

*%DV based on 2,000 calorie diet. † Daily value not established.

Ingredients: Gelatin, glycerin, water, soybean oil and mixed tocopherols.

Contains Anchovy, Sardine, Mackerel, and Soy.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Item # NS974

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