

SAFETY SEALED. DO NOT USE
IF PRINTED SEAL UNDER CAP
IS CUT, TORN, OR MISSING.

exchange
select

EVENING PRIMROSE OIL 500 mg



WOMEN'S HEALTH*

• HELPS SUPPORT PMS COMFORT*

120 SOFTGELS
DIETARY SUPPLEMENT

quality
value

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
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Calories 5

Total Fat 0.5 g < 1% **

Evening Primrose Oil (seed) 500 mg ***

(Gamma-Linolenic Acid [GLA] 50 mg) ***

** Percent Daily Values are based on a 2,000 calorie diet.

*** Daily Value not established.

INGREDIENTS: Evening Primrose Oil, Gelatin, Glycerin,
Purified Water USP.

Directions: Adults - Take one or two softgels three times
daily with food as a dietary supplement.

Keep out of the reach of children.

Store at 15° - 30° C (59° - 86° F).

**NO ARTIFICIAL COLORS OR FLAVORS
NO GLUTEN • NO LACTOSE • NO TRANS FAT**

Evening Primrose Oil is a natural source of Linoleic Acid (LA) and Gamma-Linolenic Acid (GLA). These polyunsaturated fatty acids are necessary components of all body cells and are required for human nutrition. With its GLA content, Evening Primrose Oil may help support premenstrual comfort.*

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**"SATISFACTION GUARANTEED
OR YOUR MONEY BACK."**

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Your Military Exchanges By:
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FRESHNESS AND POTENCY GUARANTEED THROUGHOUT.

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