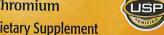
ACTUAL SIZE



Chromium **Picolinate**

200 mcg Chromium

Dietary Supplement



100 TABLETS

Product Benefit

USP has tested and verified inyour physician. Do gredients, polency, and manufac-turing process. USP sets official standards for dietary suppleintake ments. See www.uspverified.org

Supplement Facts Serving Size 1 Tablet

Chromium 200 mcg 167%

INGREDIENTS: Calcium Carbonate. Cellulose, Maltodextrin, Croscarmel-

lose Sodium, Crospovidone, Silicon Dioxide, Talc. Corn Starch, Chromium Picolinate, Magnesium Stearate, Povidone, Polyethylene Glycol,

Suggested use: Take one tablet daily with a full glass of water, preferably after a meal, or as recommended by Distributed by Longs Drugs Walnut Creek, CA 94596

not exceed recommended daily

HYPOGLYCEMICS: Use only under a physician's

supervision Keep in a cool dry place, tightly closed. Natural color

variations occur in these tablets. NO PRESERVATIVES NO ARTIFICIAL COLOR OR FLAVOR

LNG4340

Chromium is necessary in the metabolism of carbohydrates, protein and fat by assisting insulin, a key hormone. Benefits supported by clinical research.