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Sleep Complex Gummies

3 mg Melatonin per serving
200 mg L-Theanine per serving



60
GUMMIES



DIETARY SUPPLEMENT

TO REORDER
ITEM # 59387

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health... choose the best



DIRECTIONS: For adults, take two (2) gummies at bedtime, as Melatonin may produce drowsiness.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	15	
Total Carbohydrate	4 g	1%**
Total Sugars	2 g	***
Includes 2 g Added Sugars		4%**
Melatonin	3 mg	***
L-Theanine	200 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Corn Syrup, Sugar, Gelatin. **Contains <2% of:** Citric Acid, Natural Flavor, Pectin, Vegetable and Fruit Juice (Color), Vegetable Oil (Palm) (Contains Carnauba Wax).

No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

L-Theanine, which supports a calm, relaxed mood, is the perfect complement to melatonin, which helps promote sound, quality sleep.* This combination is great for those experiencing jet lag, occasional sleeplessness, or anyone seeking restful sleep.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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