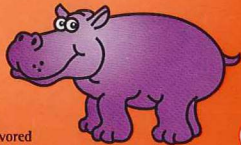


PL458

Oil- and Water-soluble
Vitamins Tablets USP.**Longs**
WELLNESSCompare to
Flintstones® Plus Extra C†

ACTUAL SIZE

CHILDREN'S CHEWABLE
Multivitamins
Plus Extra C**WITH
EXTRA
VITAMIN C**Naturally and
Artificially Flavored**Dietary Supplement****100 ANIMAL SHAPED TABLETS**USP has tested and verified ingredients, potency, and manufacturing process.
USP sets official standards for dietary supplements. See www.uspverified.org**Supplement Facts**

Serving Size 1 Tablet

Each Tablet Contains	% Daily Value for Children 2 to 4 Years of Age	% Daily Value for Adults and Children 4 or More Years of Age
Total Carbohydrate Less than 1 g	0%*	0%*
Sugars Less than 1 g		
Vitamin A 2500 I.U. (50% as Beta Carotene)	100%	50%
Vitamin C 250 mg	625%	416%
Vitamin D 400 I.U.	100%	100%
Vitamin E 15 I.U.	150%	50%
Thiamin (Vit. B1) 1.05 mg	150%	70%
Riboflavin (Vit. B2) 1.2 mg	150%	70%
Niacin 13.5 mg	150%	67%
Vitamin B6 1.05 mg	150%	52%
Folic Acid 300 mcg	150%	75%
Vitamin B12 4.5 mcg	150%	75%
Sodium 20 mg	Less than 1%*	Less than 1%*

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Sucrose, Sodium Ascorbate, Ascorbic Acid, Mono- and Diglycerides, Gelatin, Mannitol, dl-Alpha Tocopheryl Acetate, Corn Starch, Niacinamide, Maltodextrin, Silicon Dioxide, Stearic Acid, Natural & Artificial Flavors (Natural Orange, Artificial Pineapple, Natural & Artificial Cherry, Natural & Artificial Fruit), Magnesium Stearate, Blue 2 Lake, Red 40 Lake, Yellow 6 Lake, Pyridoxine Hydrochloride, Riboflavin, Lactose, Thiamine Mononitrate, Beta Carotene, Mono- Ammonium Glycyrhizinate, Vitamin A Acetate, Dicalcium Phosphate, Folic Acid, Ethylmaltol, Ergocalciferol, Cyanocobalamin.

Contains: Milk and Soy. ■■■



Distributed by Longs Drugs
Walnut Creek, CA 94596
For further information contact
1-800-TO-LONGS or Longs.com

SUGGESTED USE: Chew one tablet daily,
preferably after a meal.**KEEP OUT OF THE REACH OF
CHILDREN.****KEEP IN A COOL DRY PLACE,
TIGHTLY CLOSED.**†Flintstones® is a registered
trademark of Hanna-Barbera
Productions, Inc., Atlanta, GA
30340.**LNG5725BR06****FRESHNESS AND POTENCY GUARANTEED THROUGH:**