

SAFETY SEALED. DO NOT USE IF
PRINTED SEAL UNDER CAP IS
CUT, TORN, OR MISSING.

exchange
select

MILK THISTLE

200 mg



TARGETED HEALTH*

• HELPS MAINTAIN LIVER HEALTH*

100 SOFTGELS
DIETARY SUPPLEMENT

quality
value

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
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Milk Thistle extract (seed) 200 mg [standardized for 80% (160 mg) silymarin]	**
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**Daily Value not established.

INGREDIENTS: Safflower Oil, Milk Thistle Extract, Gelatin, Glycerin, Purified Water USP, Monoglycerides, Sorbitol, Sorbitan, Lecithin, Yellow Beeswax, Mannitol, Caramel, Titanium Dioxide. **Contains: Soy.**

Directions: Adults - Take one or two softgels daily with food as a dietary supplement.

Keep out of the reach of children.

Store at 15° - 30° C (59° - 86° F).

NO ARTIFICIAL DYES OR FLAVORS
NO GLUTEN • NO LACTOSE • NO TRANS FAT

Herbs have a distinct natural odor and may vary in color.

Milk Thistle offers nutritional support for healthy liver function. Silymarin, the active component of Milk Thistle, is an important bioflavonoid that provides antioxidant activity. This activity helps prevent free radical damage to liver cells.*

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**"SATISFACTION GUARANTEED
OR YOUR MONEY BACK."**

Manufactured for:
Your Military Exchanges By:
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FRESHNESS AND POTENCY GUARANTEED THROUGHOUT

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