

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

DIM® is a registered trademark of BioResponse, LLC.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO REORDER ITEM # 55122**  
**www.puritan.com**  
**1-800-645-1030**

Carefully Manufactured by  
**PURITAN'S PRIDE, INC.**  
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www.puritan.com

Puritan's Pride

**DIM®**

**BIOAVAILABLE  
DIINDOLYLMETHANE**

**Supports Healthy  
Estrogen Metabolism\***

**DIETARY SUPPLEMENT**

**60 RAPID RELEASE  
CAPSULES**

**DIRECTIONS:** For adults, take one (1) capsule three times daily, preferably with meals.

## Supplement Facts

**Serving Size 1 Capsule**

| Amount Per Serving                           | %Daily Value |
|----------------------------------------------|--------------|
| <b>DIM® Complex</b> 100 mg                   | <b>**</b>    |
| <b>(Providing 25 mg of Diindolylmethane)</b> |              |

**\*\*Daily Value not established.**

**Other Ingredients:** Vegetable Cellulose, Gelatin, Dicalcium Phosphate, Calcium Silicate, Vegetable Magnesium Stearate. **Contains <2% of:** d-Alpha Tocopheryl Succinate, Silica.

Contains soy ingredients.

**DIM® is a stabilized, bioavailable form of diindolylmethane, a phytonutrient found in vegetables such as broccoli. As a patented formula, DIM® promotes women's estrogen metabolism and cellular health.\***

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**