Directions: Take 1 tablespoon daily, with a meal, as a dietary supplement. Refrigerate after opening.

Warning: Pregnant or lactating women should consult with their physician prior to using this dietary supplement.

- . Keep out of the reach of children.
- Store at 15-30°C (59-86°F).
 Protect from heat, light
- and moisture.
- . Do not use if seal is broken.

Item # N5968 TC # A60721A2





FLAX OIL

ESSENTIAL OMEGA 3.6.9

Help Support: Healthy Cholesterol, Digestive Cleansing †



Hazelnut Flavor

Supplement Facts

Serving Size: 1 Tablespoon (15 ml) Servings Per Container: Approx. 16

	Amount Per Serving	% Daily Value
Calories	120	
Calories from Fat	120	
Total Fat	13 g	20%*
Saturated Fat	1 g	5%*
Cholesterol	0 mg	0%
Alpha Linolenic acid (Omega 3	3) 5800 mg	1
Oleic acid (Omega 9)	2700 mg	1
Linoleic acid (Omega 6)	2300 mg	1

* DV based on a 2,000 calorie diet. † Daily value not established.

Ingredients: Organic Flaxseed Oil (cold pressed), natural flavor, antioxidant blend (TBHQ and citric acid).

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more info, visit us at www.windmillvitamins.com

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