

SAFETY SEALED. DO NOT USE
IF PRINTED SEAL UNDER CAP
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OMEGA 3-6-9

FISH, FLAXSEED & BORAGE OILS



HEART HEALTH*

• SUPPORTS HEART &
CARDIOVASCULAR HEALTH*

60 SOFTGELS
DIETARY SUPPLEMENT

quality
value

Supplement Facts

Serving Size 3 Softgels

Servings per Container 20

	Amount Per Serving	% Daily Value
Calories.....	35	
Calories from Fat.....	25	
Total Fat.....	3 g	.5%**
Cholesterol.....	10 mg	3%**
Total Carbohydrate.....	2 g	1%**
Protein.....	< 1 g	.2%**
Fish Oil Concentrate.....	1000 mg (1 g)	***
Flaxseed Oil.....	600 mg	***
Borage Seed Oil.....	1000 mg (1 g)	***
Total Omega 3-6-9 Fatty Acids.....	1729 mg (1.7 g)	***
Total Omega-3 Fatty Acids.....	839 mg	***
Alpha-Linolenic Acid (ALA).....	339 mg	***
Eicosapentaenoic Acid (EPA) [†]	300 mg	***
Docosahexaenoic Acid (DHA) [†]	200 mg	***
Total Omega-6 Fatty Acids.....	626 mg	***
Linoleic Acid (LA).....	426 mg	***
Gamma-Linolenic Acid (GLA).....	200 mg	***
Total Omega-9 Fatty Acids.....	264 mg	***
Oleic Acid (OA).....	264 mg	***

** Percent Daily Values are based on a 2,000 calorie diet.

*** Daily Value not established.

[†] As Ethyl Esters.

INGREDIENTS: Borage Seed Oil, Fish Oil Concentrate, Gelatin, Flaxseed Oil, Glycerin, Purified Water USP. Contains less than 0.5% of mixed natural tocopherols.

Contains: Fish (anchovy, mackerel, sardine).

Directions: Adults - Take three softgels daily with food as a dietary supplement.

Keep out of the reach of children. Store at 15° - 30°C (59° - 86°F).

NO ARTIFICIAL COLORS OR FLAVORS • NO GLUTEN • NO LACTOSE

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Omega-3 fatty acids help support and maintain cardiovascular health and function, and promote and support visual function and eye health. Omega-6 and Omega-9 fatty acids help maintain healthy nerve function and microcirculation.*

Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**"SATISFACTION GUARANTEED
OR YOUR MONEY BACK."**

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Your Military Exchanges By:
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FRESHNESS AND POTENCY GUARANTEED THROUGHOUT

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