

PL461

†Flintstones® is a registered trademark of Hanna-Barbera Productions, Inc., Atlanta, GA 30340.

Tablets may darken if exposed to direct sunlight or heat.



ACTUAL SIZE



Longs
WELLNESS

Compare to
Flintstones® Plus Iron†

CHILDREN'S CHEWABLE Multivitamins Plus Iron

WITH
IRON



Naturally and
Artificially Flavored

Dietary Supplement



100 ANIMAL SHAPED TABLETS

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% Daily Value for Children 2 to 4 Years of Age	% Daily Value for Adults and Children 4 or More Years of Age
Total Carbohydrate Less than 1 g	0%*	0%*
Sugars Less than 1 g		
Vitamin A 2500 I.U. (50% as Beta Carotene)	100%	50%
Vitamin C 60 mg	150%	100%
Vitamin D 400 I.U.	100%	100%
Vitamin E 15 I.U.	150%	50%
Thiamin (Vitamin B1) 1.05 mg	150%	70%
Riboflavin (Vitamin B2) 1.2 mg	150%	70%
Niacin 13.5 mg	150%	67%
Vitamin B6 1.05 mg	150%	52%
Folic Acid 300 mcg	150%	75%
Vitamin B12 4.5 mcg	150%	75%
Iron 15 mg	150%	83%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Sucrose, Ferrous Fumarate, Sodium Ascorbate, Mono- and Diglycerides, Ascorbic Acid, Gelatin, Mannitol, dl-Alpha

Tocopheryl Acetate, Silicon Dioxide, Maltodextrin, Niacinamide, Stearic Acid, Corn Starch, Natural and Artificial Flavors (Natural Orange, Natural & Artificial Fruit, Natural & Artificial Cherry, Artificial Pineapple), Magnesium Stearate, Blue 2 Lake, Yellow 6 Lake, Red 40 Lake, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate, Beta Carotene, Mono Ammonium Glycyrhizinate, Vitamin A Acetate, Resin, Folic Acid, Lactose, Ethylmaltol, Ergocalciferol, Cyanocobalamin. Contains: Milk and Soy.



Distributed by Longs Drugs
Walnut Creek, CA 94596 ■■■
For further information contact
1-800-TO-LONGS or Longs.com

Children may not make healthy food choices. This product is specially formulated to help provide vitamins that may be missing from their diet.

SUGGESTED USE: Chew one tablet daily, preferably after a meal.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP IN A COOL DRY PLACE, TIGHTLY CLOSED.

Oil- and Water-soluble Vitamins with Minerals Tablets USP.

FRESHNESS AND POTENCY GUARANTEED THROUGH:

LNG5930BR06