

SAFETY SEALED. DO NOT USE IF
PRINTED SEAL UNDER CAP IS
CUT, TORN, OR MISSING.

exchange
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SELENIUM 200 mcg



EVERYDAY HEALTH*

• ANTIOXIDANT SUPPORT*

100 TABLETS
DIETARY SUPPLEMENT

quality
value

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Selenium 200 mcg	286%

INGREDIENTS: Dicalcium Phosphate, Selenium Yeast, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Hydroxypropyl Methylcellulose, Silicon Dioxide, Carnauba Wax.

Directions: Adults - Take one tablet daily with food as a dietary supplement.

Keep out of the reach of children.
Store at 15° - 30° C (59° - 86° F).

NO ARTIFICIAL COLORS OR FLAVORS
NO GLUTEN • NO LACTOSE

Selenium is an antioxidant and essential mineral that works with Vitamin E to help protect and maintain basic cellular health throughout the body.*

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**"SATISFACTION GUARANTEED
OR YOUR MONEY BACK."**

Manufactured for:
Your Military Exchanges By:
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